

A LOOK AT STEP 10

Ah, the 10th Step. Or, as the crusty oldtimers in my early meetings used to call it, one of the key 'maintenance steps.' This outlines my experience of the 10th Step, both the more traditional literature-based version and also an outline that I heard in a meeting once that I've used and found very helpful over the years. Pgs. 84 thru 86 in the Big Book talk about the Tenth Step and pgs. 86 to 87 talk about "In the morning we think about the day ahead ..." and "when we retire at night ..."

86 and 87 are mostly talking about daily reflection regarding the Eleventh Step — but I know lots of people who use that as a jumping off place for a daily reflection/inventory/Tenth Step as well. And that's fine — after all, there's no *wrong* way to practice self examination, really. But I wanted to be clear about what was where in the Big Book.

These are the questions from the Tenth Step in the Big Book, on pgs. 84 - 86, put into a simple list:

1. Was I resentful? Selfish? Dishonest? Afraid?
2. Do I owe an apology?
3. Have I kept something to myself which should be discussed with another person at once?
4. Was I kind and loving toward all? (Man, *that's* a tough one.)
5. What could I have done better?
6. Was I thinking of myself most of the time? Or was I thinking of what I could do for others, what I could pack into the mainstream of life? After making our review we ask God's forgiveness and inquire what corrective measures should be taken.

And as part of the ongoing, in-the-moment "Spot Check" inventory, what's suggested is that at all times we continue to watch for **selfishness, dishonesty, resentment, and fear**. And when these crop up (I always think it's funny that it says "when" and not "if") what we do is:

1. Ask God at once to remove them.
2. Discuss them with someone immediately. (or, for me, as soon as possible)
3. Make amends quickly if we have harmed anyone. (but if I'm in doubt I wait for #2 above)
4. Then "resolutely" turn our thoughts to someone we can help. (that is, reverse the flow and be of service to someone, somewhere, somehow — to snap me out of any building resentment or self-obsession/abuse.)

But beyond the "spot check" inventory in those four points above the Tenth Step in the 12/12 is pretty clear about looking at our daily behavior in writing, generally at the end of the day. Specifically it talks about drawing up a "balance sheet," and the questions listed above, pulled from the Book, are a good way to do that.

For me, however, I have always found it both useful and comforting that the Tenth Step in the 12/12 talks about "**inventory taking is not always done in Red Ink.**"

In the 12/12 it's suggested that I look for where I did good actions and had good intentions ... that I see where and how I was Just (as in fair) and courteous throughout the day — and that I should note when I do that, too.

Of course the literature also talks about looking for our ancient enemy, rationalization, when we examine both our behavior and our motives. I wish it wouldn't bring that up.

So with all that said, I have often used the format below which I heard once in a Meeting. When I'm REALLY on my game I do it in the morning as a kind of To-Do List and again at night to kind of compare how I did. What I write can be long or short, but the format/outline is quick and easy and (for me) covers everything. Also, the idea is that if I DIDN'T do something I note that, too, so that if several days go by I can really see clearly that, "Wow, I've been talking a good game in my head about how I was going to do 'X' but several days have gone by and I haven't done spit on 'X.'"

So the quick outline that is both about what I'm doing right and what I need to do differently is this:

A, E, I, O, U, and '**sometimes Y**' — Just like we learned the vowels in school. It stands for:

A - A for Alcoholism.

What am I doing/did I do to address my alcoholism today. Go to a meeting? Talk with my sponsor? Work on an inventory?

E - E for Exercise.

The AA Slogan H.A.L.T., (Hungry, Angry, Lonely and Tired), just underscores how keeping our body chemistry balanced helps us maintain our emotional and spiritual equilibrium. So E is for Exercise, as in, did I do any today? If not, then I note that down (and I mean real exercise) so that I can over the course of a week look back and go, "Wow, I had planned on doing "X" every day but I real-

(Contd. on Page 2)

Special Events

**11th Annual
Serenity Scramble**
October 19, 2014

*Gratitude
Dinner*
November 15, 2014

THE STEPS & THE TRADITIONS

STEP 10 - "Continued to take personal inventory and when we were wrong, promptly admitted it."

TRADITION 10 - "Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy."

11TH ANNUAL SERENITY SCRAMBLE

SPONSORED BY SOUTH PALM BEACH COUNTY INTERGROUP

TO BE HELD AT WESTCHESTER COUNTRY CLUB

• SUNDAY, OCTOBER 19, 2014 •

8:30 A.M. SHOTGUN START

"We Insist on Being Happy!"



**11th Annual Serenity Scramble is a day of fun,
fellowship, great gifts & prizes,
delicious food and, of course, golf!**

**By participating in the Serenity Scramble, you will not only fill
your day with joy & happiness, but also contribute to
South Palm Beach County Intergroup!**

Lunch-Only-Option

If you're not a golfer, but would like to participate in the day of fellowship or support your golfer spouse, significant other, or friends, we are offering lunch-only option. Your customized banquet menu consists of full salad bar, Red Bliss potato salad, coleslaw, grilled hamburgers, kosher hot dogs, honey BBQ baked chicken, and of course cookies & brownies! The cost of the lunch-only option is \$25.

Hole Sponsorship

Anyone can sponsor a hole! Hole sponsorship is \$100. 100% of the Hole Sponsorship donations go directly to South Palm Beach County Intergroup. Each sponsor will be recognized with a sign on the Tee.

Donations

You can also participate in the Serenity Scramble by making a monetary contribution or donating a gift for the raffle.

Directions

12250 Westchester Club Drive, Boynton Beach, FL 33437

Website: www.westchestercc.com

From I-95 North: Exit at Woolbright Road, West to Jog Road, left on Jog Road, left on Pipers Glen Road, main entrance on right.

From I-95 South: Exit at Atlantic Avenue, West to Jog Road, right on Jog Road, right on Pipers Glen Road, main entrance on right.



(Contd. from Page 1)

ly only did it twice this week..." — or, on the other hand maybe note that "Wow, it's Friday, and I have done real exercise every day this week. Go Me!"

Now look, noting if I did or did not do any exercise is a bit of a stretch to call a part of "continuing to take personal inventory and when wrong, promptly admit it", I know that — but honestly, I've found when I keep my body chemistry balanced (H.A.L.T. and the exercise piece) then I'm more able to be on my game for the "promptly admit it" part, and the "spot check throughout the day."

I - I for me, myself.

What did I do to take care of myself today? This is really broad, and sometimes nothing comes to mind one way or another, but for me this is about healthy self care — setting boundaries, etc. — beyond the straight-up 12 Step work in the "A" above. For example, did I take care of myself by making sure I took a real lunch break at work, or did I not put off buying that card and getting it in the mail so I'm not all panicky, or did I make a special effort not to deflect compliments, or was I especially good about keeping to my mediation routine ... anything substantive that underscores the "not only in Red Ink" part of my daily inventory.

O - for Others — where was I of service?

And for me I regard this as "Where was I of 12 Step-type service"? Not some bullshit "I didn't yell at any salesclerks today" stuff — more along the lines of meeting with sponsees, or calling some Program peeps to see how they're doing, or performing my service commitment at a meeting, that kind of thing.

U - Uncover — what is that thing that I don't want to think about?

I need to write it here. It's not a promise that I will immediately do something about it, but it's about not sliding into denial or anything. Like if I need to call the IRS and I haven't, or I keep putting the scary bills in a drawer and not opening them, or something. I just note it here, so that eventually it's in my consciousness enough that I can become willing to do something about it.

'and Sometimes Y' - for "Yahoo!" (the emotion, not the web service) as in, something especially fun that I'm looking forward to — the hot date, the concert, the theater tickets — This is the thing that makes life fun, and can be a building block to some gratitude for the abundance in my life.

(Contd. on Page 6)

Intergroup Gratitude Dinner

Saturday, November 15th, 2014 at 7:00pm

At The Embassy Suites Hotel, Boca Raton

Tickets: \$47/person or \$470/Table of 10

TICKET PURCHASE INFORMATION

1. Individual tickets and full table tickets will be sold at the SPBCI office beginning September 18, 2014
2. Tickets will be distributed when the Meal Selection Form is completed
3. Meal selections cannot be changed after Meal Selection Form has been submitted

South Palm Beach County Intergroup - Profit & Loss - August 2014

	Aug 14	YTD Aug 14		Aug 14	YTD Aug 14
Ordinary Income/Expense			Insurance	303.24	2,291.48
Income			Inventory Adjusment	0.00	0.00
Interest Income	0.00	3.17	Quarterlies / Mileage Reimb	556.20	1,780.90
Cash Discounts	0.00	149.50	Miscellaneous Expenses	0.00	0.00
Contribution-Non Group			Payroll Expenses	4,140.37	29,414.66
Anonymous	187.00	1,002.52	Postage and Delivery	31.06	52.50
Birthday Club	50.00	399.00	Printing and Reproduction		
Faithful Fivers	0.00	175.00	SCAAN	191.00	1,528.00
Contribution-Non Group - Ot	0.00	507.69	Printing and Reproduction - I	0.00	80.00
Total Contribution-Non Group	187.00	2,084.21	Total Printing and Reproduction	191.00	1,608.00
Contribution Income	3,457.50	30,701.31	Professional Fees		
Fund Raising Income			Accounting	0.00	900.00
2013 Alcathon Income	0.00	1,100.00	Computer Technology	0.00	0.00
2014 Gratitude Dinner	0.00	0.00	Total Professional Fees	0.00	900.00
2014 Picnic/Raffle	0.00	5,049.00	Program & Committee Expenses	0.00	105.00
2014 Serenity Scramble	0.00	0.00	Rent	1,318.16	10,233.22
Total Fund Raising Income	0.00	6,149.00	Repairs		
Sales			Building Repairs & Maintena	0.00	0.00
AAWS Books	3,535.85	34,046.95	Total Repairs	0.00	0.00
AAWS Other	8.20	765.08	Storage	65.00	455.00
AAWS Pamphlets	185.54	1,588.96	Supplies	401.77	2,366.00
Chips	304.25	3,492.25	Telephone	342.00	2,620.34
Demdaco Gift Items	34.00	939.00	Utilities		
Gift Items	288.50	4,054.30	Electric	256.36	1,764.94
Grapevine Books	136.00	1,709.00	Total Utilities	256.36	1,764.94
Grapevine Other Material	8.75	248.50	Total Expense	7,784.15	57,508.31
Hazelden Books	457.65	4,378.45	Net Income	(1,345.33)	6,261.79
Hazelden Other	0.00	0.00			
Medallions	1,786.00	13,427.00			
Sale of Books	25.00	274.00			
Where & When	360.50	3,208.00			
Total Sales	7,130.24	68,131.49			
Total Income	10,774.74	107,218.68			
Cost of Goods Sold	4,335.92	43,448.58			
Gross Profit	6,438.82	63,770.10			
Expense					
Advertising	0.00	0.00			
Annual Report Fee	0.00	61.25			
Bank Service Charges	15.00	122.00			
Contributions	0.00	500.00			
Fees Credit Cards	163.99	1,615.94			
Fund Raising Expenses					
2014 Gratitude Dinner	0.00	0.00			
2014 Picnic Expenses	0.00	1,617.08			
2014 Serenity Scramble	0.00	0.00			
Total Fund Raising Expenses	0.00	1,617.08			

COLUMBUS DAY
 SPBCI Office will be closed
 Monday, October 13, 2014

Intergroup Activity Log ~ August 2014

12th Step Calls	2
First Call to AA	8
Meeting Inquiries	70
Business Inquiries	45
Walk-Ins	203
QB Sales Receipts	277

Operating Acct	\$11,239.63	Accounts Receival	\$0.00	Fixed Assets	2,188.71
Prudent Reserve Act	\$28,000.00	Inventory Asset	32,299.98	Other Asset/Rent Dep	2,769.38
Petty Cash	\$150.00	Other Current Ass	6,199.44	TOTAL OTHER ASSETS	4,958.09
TOTAL CASH	\$39,389.63	TOTAL NONCASH ASSETS	77,889.05	TOTAL ASSETS	\$82,847.14

Office Volunteers

Joe H., Randy, Kelly N., Bari, Caryl, Ken, Petti, Stan, Dennis, Andrew, George, Charlie, Chris T., Alexandra D., Nancy, Lisa M., Samantha, Yasmin, Adam, Lillian, Rocky, Jen, Sheri, Rocco, Tom, Brett, Tom G. and Linette

AA HOTLINE – RELAY PHONE

The Hand of AA is Available
24 Hours a Day!



October - Just Before Dawn

November - Spiritual Awakenings

December - Five Time Losers

January - Just For Now

February - Boca Big Book Step Study Group

FAITHFUL FIVERS

With Gratitude for their support:

Stan R. – Just Before Dawn

Michael G. – Sobriety for Breakfast

Bari W. – Welcome Home in Delray

Linda P. – West Boca Friendship Group



Linda P. - October 28, 1977 - 37 years

West Boca Friendship Group

Congratulations!

from SPBC Intergroup

BIRTHDAY CLUB

SOUTH PALM BEACH COUNTY INTERGROUP

CONGRATULATIONS ON YOUR ANNIVERSARY!

Your donation goes to help the valuable services provided by Intergroup including the AA hotline, meeting schedules, 12 step work, literature inventory, SCAAN newsletter and hospital/institution meetings.

Name _____ Anniversary Date _____

Home Group _____ Contribution* \$ _____

*Recommended contribution is \$1 for every year of sobriety.

If you would like a reminder notice next year, please fill out the address portion below or provide an email address.

Address _____ City _____

State/Zip _____ Email _____

Intergroup Business Meeting Minutes - August 27, 2014

Chairperson: John S. Meeting opened with a moment of silence followed by the Serenity Prayer. Minutes from the July 30, 2014 meeting were approved. New group reps were welcomed. John announced that there will be discussions regarding upcoming Intergroup business meeting dates, remaining open chair positions, and listed events in SCAAN. 7th tradition baskets were passed.

New Group Reps: Boca BBSS - William M.; Boynton Beach Boat Ramp - Phil Y.; Boynton Beach Boat Ramp - Marty S. (Alt.); Five Time Losers - Dean M.; Delray 11th Step Meditation - Donna D.; Middy Miracles - Benjamin S.; People With Time - Dana F.; Principals & Promises - Andrea D.; Safe Haven - Chase T.; Serenity Hour - Renee S. (Alt.); Tuesday Men's Solution - Gary H.; West Boca Beginners - Sheryl S. (Alt.); Young People With A Solution - Garret L.

Vice Chair: Cheryl S. Cheryl introduced herself and thanked all chairs for their service. She has been in contact with all chairs in an effort to acclimate them to their new positions.

Secretary: Sarah B. Sarah introduced herself and is looking forward to the new position.
Office Manager: Jeannie G. Jeannie thanked the SPBCI office volunteer staff & welcomed the new committee chairs. Jeannie announced an AAWs literature price increase will take effect October 1, 2014. The SPBCI office will place a bulk order to last through the end of the year. The new sale price will be determined and go into effect January 1, 2015. Registration for the July 2-5, 2015 International Convention of AA will open September 3, 2014.

Treasurer: Position Open. John S. gave report. The financials are in good standing, detailed report can be found in the SCAAN.

Archivist: Michael G. No Report. Excused absence.

Archives: Laura K. No report.

Bridge the Gap: Bari W. (women) To all those who work in Treatment: Please let your clients know about this committee, and the service it can provide them, as they leave the facility. Our goal is to introduce clients in treatment to sober men and women of AA.

Dave F. (men) No Report

General Service Liaison: Molly B. Highlights from the District meeting on August 17, 2014 are as follows: Tom M. (chair) welcomed new GSR's and announced the next quarterly will be in Hutchinson Island in October. Kevin D. (alt chair) No report. Bob M. (Treasurer) gave a detailed report, available to anyone for review. Abby (SPBCL) gave an update that annual elections were held on July 30th. Bebe B. (NPBCL) NPBC picnic was a success. Motions to carry certain Non-conference books at Intergroup: One Failed. Second motion was withdrawn. Dave D. (archives) requested budget increase, pass unanimously. Planning to repair hard case display boards. Jay M. (H&I) looking into assisting AA at South Bay, a private prison owned by the GEO group. Alex A. (T&C) offered to host kits with committee to all home groups. Susan D. (PI/CPC) planning for National Recovery Weekend of Sept 13th at the South Florida fairgrounds. James B. (Treatment) is in contact with women from District 8 who would like to join committee and is looking forward to working together. Jaki N. (Special Needs) Seeking volunteers to visit homebound or hospitalized alcoholics; volunteers to transport blind or visually impaired alcoholics. Discussed creating pamphlet geared towards alcoholics with mental illness. Ashley O. (Grapevine) Audio project is in process, collecting 7 minute stories from AA members. Marge S. (Literature) Attended assembly in Miami and suggested two new pamphlets, committee decided to order and will be available in October. Mimi M. (Room & Ride) details up to date. Allen S. (DCM) actively recruiting ACMs and DCMs. Casey K. (Website) site is up to date. Kim K. (Remote Communities) working on folder and changes. Elections: Current practices - remains opens. ACM sub District 2 - Phillip H. Motions: Several motions were considered. Some passed, some failed, details available to anyone.

Group Information: Elliott R. Introduced himself as the new chair, looking forward to new position and available to all groups.

Hospitals and Institutions: Kitty B. and Emily L. Emily L gave report. H&I has 48 meetings per week in 19 facilities. There have only been a few minor changes since last month's report. We were able to accommodate the new volunteer chairs that attended with the few openings that were available. Kitty and I will be updating the rosters as I introduce myself to the facilities as the new Co-Chair. We will also be compiling an ongoing list for new and former volunteer speakers. The next monthly H&I meeting will be September 20th, 2014 at the SPBCI Office at 2pm.

Public Information: Position Open.

SCAAN: Maryann & John T. Articles are always welcome. Please email to the Intergroup office by the 15th of the month.

Telephone Relay: Joe M. Thanked previous chair, Willie B., on all that he has done with the telephone relay and for his help acclimating me to the position. As of today, we have volunteer groups through January 2015. I would like to offer myself to any group interested in taking the phone, to come to your group to explain responsibilities and answer any questions about the relay.

Where & When: Daniel L. - Unexcused absence; Kaely L. - Unexcused absence.

12th Step Committee: Ginger G. (women) No Report. (Men) - Position Open.

Liaison to North County Intergroup: Position Open. Pam T. gave report. The NPBCI Business meeting was held on August 13, 2014 with 55 in attendance. Their Annual Picnic held the previous week was a huge success. Consideration of eliminating the Pot Luck Dinner in October & moving the summer picnic to the fall due to the heat.

Discussed new motion on agenda for next month to remove 50/50 raffles from all of their Intergroup events; will be voted on in Sept. Office Manager reported total July activity of 756 people assisted by their Intergroup office. Planning a workshop to restore District 8's display cases - which are housed and displayed at the North County Intergroup office. PI will attempt to prepare literature table for the Veteran's Stand Down event being held in Delray Beach on Sept. 27th. (this is the 2nd event this year in Delray that the NCPI committee has covered for us). Bridging the Gap received 7 requests last month. All requests were answered. New Business: Elected a SPBCI Liaison - Fred M. Motions to carry certain Non-conference books at Intergroup: One Failed. Second motion was withdrawn. For a detailed report, contact the intergroup Office.

Serenity Scramble: Sarge (chair). Hole sponsorship, sign up for players and lunch only option signups have been coming into the Intergroup office. We are currently getting 3 prices for signage for the hole sponsorship. The \$10,000 Hole In One contract has been approved and is in the process of being purchased. The Volunteer meeting will be September 6, 2014 at 11:00 a.m. at the Intergroup office. We have 12 people signed up

as volunteers. I request that all Intergroup Reps announce the Serenity Scramble at their home groups. Flyers are available on the Intergroup website. We are in need of donations for raffle prizes. These do not have to be golf related – in years past we have had Kindle Fires, flat screen TV's and any AA related literature or gifts. Monetary donations to purchase items are always appreciated.

Gratitude Dinner: Ginny D. (chair) West Boynton Beach Group. The Gratitude Dinner will be held on November 15th at the Embassy Suites Hotel in Boca Raton. Theme: Gifts of Sobriety. Ticket Price: \$47, table of 10 is \$470. Full tables will be sold at the September business meeting. Cash or check payment. Remaining tickets will then be available to individuals after the Intergroup Business meeting at the Intergroup office. Meal selection is required prior to receiving actual ticket. Speaker is down to one choice - 26 years of sobriety, H&I work in the past, active in sponsorship with a great message. Committee Chairs are all filled, volunteers are being recruited and filling fast. Decoration Committee has decided on a fall theme and are in the process of collecting items to be refurbished and turned into centerpieces. Raffle baskets were gathered and will be reviewed with the steering committee. AA literature & Hotel basket are OK to use. Will have a 50/50 raffle. We have two professional singers with over 50 years of sobriety that want to share their talent and give back. Plants and some decorations are being provided again by John R.

Old Business:

Elections:

Treasurer - Elizabeth B.; North Palm Beach County Liaison - Garry K.; 12th Step Committee (men) - Scott K. Public Information - remains open.

New Business:

Intergroup Business Meeting Date

Discussed moving September business meeting date, due to conflict with holiday. Bari W. made a motion to change the September Intergroup Business meeting date to another available date due to a conflict with the holiday (pending Central House availability), motion was seconded, a vote was taken and motion passed.

SCAAN Events

Discussion about events listed in the SCAAN. Non-AA events are currently listed. Reps were asked to bring back to groups to discuss further.

Intergroup Office Activities

Bari W. made a motion to include Intergroup office statistical activities in the SCAAN (number of calls/visitors/sales), Chris M. seconded, vote taken, minority opinion made by Sarah R., the vote was retaken, motion passed.

Closed meeting with the Lord's Prayer.

Respectfully submitted, Sarah B.

UPCOMING EVENTS

October 8-12

18th National AA Archives Workshop

Philadelphia

www.aanationalarchivesworkshop.com

October 10-12

South Florida Area 15 - GSO Assembly

Hutchinson Island

quarterlychair@district6aa.org

October 19

Serenity Scramble

Westchester Country Club

October 24-26

28th Annual Caribbean Convention - Promises in Paradise

St. Thomas www.promisesinparadise.com

November 15

Intergroup Gratitude Dinner

Embassy Suites Hotel, Boca Raton

July 2-5, 2015

2015 International Convention of Alcoholics

Anonymous

Atlanta, www.aa.org

(Contd. from Page 2)

So in practice what I've done is simply written them down the left side of a page, "A, E, I, O, U and sometimes Y" and then written the 'answer' in next to them — sometimes I've done it in the morning as kind of a To Do List, left it on my dresser and gone about my day, and then wrote it again the same night to see if I followed through. I like this because it covers the "whole" me but has a real focus on life through a 12 Step lens. Finally, the aeioy thing is not in the literature specifically, but I've used it on and off forever because I think it's a good tool that encompasses the whole spirit of the 10th Step, the good and bad, etc. Especially once you are in the real habit of 'cleaning as you go' (the 'Spot Check' part of the 10th Step) and don't have a lot of mental, emotional or behavioral trash to clean up at the end of every day.

October Service Meetings

October 18

SPBC Intergroup H&I Committee Meeting
Saturday, 2:00 PM - SPBCI Office

October 19

District 8 General Service Business Meeting - Triangle Club
4:00 PM: GSR/DCM SHARING
4:40 PM DISTRICT 8 BUSINESS MEETING

October 25

SPBC Intergroup Steering Committee Meeting
Saturday, 9:00 AM - SPBCI Office

October 29

SPBC Intergroup Monthly Business Meeting
Wednesday, 7:00 PM - Delray Central House

South Palm Beach County Intergroup Association, Inc.

2905 South Federal Highway • Building C, Suite 15-16
Delray Beach, FL 33483

24-hours: 561.276.4581

Email: southcountyyaa@comcast.net

Website: www.aainpalmbeach.org

Office Hours

Monday-Friday: 9am - 5pm

Saturday: 10am - 1pm

STEERING COMMITTEE

Chair - John S. Vice Chair - Cheryl S.
Treasurer - Elizabeth B. Secretary - Sarah B.
Office Manager - Jeannie G.

COMMITTEES

Archives Laura K.
Archivist Michael G.
Bridge the Gap - Men Dave F.
Bridge the Gap - Women Bari W.
General Services Liaison Molly B.
Group Information Elliot R.
Hospitals & Institutions Emily L.
Hospitals & Institutions Kitty B.
Liaison to North County Intergroup Gary K.
Public Information OPEN
SCAAN Maryanne & John T.
Telephone Relay Joe M.
Twelve Step Committee - Men Scott K.
Twelve Step Committee - Women Ginger A.
Webmaster David R.
Where & When Kaely L.
Where & When Danny L.

SPBC INTERGROUP EVENT CHAIRS

Serenity Scramble (October 19) Sarge
Gratitude Dinner (November 15) West Boynton Group