

THE “WORTH” OF SOBRIETY

Every AA group ought to be fully self-supporting, declining outside contributions.

TWELVE STEPS AND TWELVE TRADITIONS, p. 160

When I go shopping I look at the prices and if I need what I see, I buy it and pay. Now that I am supposed to be in rehabilitation, I have to straighten out my life. When I go to a meeting, I take coffee with sugar and milk, sometimes more than one. But at the collection time, I am either too busy to take money out of my purse, or I do not have enough, but I am there because I *need* this meeting. I heard someone suggest dropping the price of a beer into the basket, and I thought, that’s too much! I almost never give one dollar. Like many others, I rely on the more generous members to finance the Fellowship. I forget that it takes money to rent the meeting room, buy my milk, sugar and cups. I will pay, without hesitation, ninety cents for a cup of coffee at a restaurant after the meeting; I always have money for that. So, how much is my sobriety and my inner peace worth?

~ SELF SUPPORT ~

The Seventh Tradition States: “Every AA Group ought to be fully self-supporting, declining outside contributions.”

While contributions cover group’s rent and other expenses, the Seventh Tradition is essential at every level of AA service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup/central office, local services, district, area, and the General Service Office remain self-supporting. This keeps AA free of outside influences that might divert us from our primary purpose – to help the alcoholic who still suffers.

The amount of our contribution is secondary to the spiritual connection that unites all groups around the world.

Service Material from the General Service Office

HUMILITY

One of the greatest challenges in ongoing sobriety is to repeatedly confront the same character defects over and over again. Or, more accurately, the consequences of those same character defects — especially if you have really tried to address them via the tools offered in Alcoholics Anonymous.

It has been my experience (my painful, embarrassing, experience, actually) whenever I am in that place again, that my real problem is twofold:

The first is that I am looking at the result and not the process. In other words, it is easy to want to have money in the bank, but where I need to my Higher Power’s help is in spending differently. It is easy to want to get to work on time, but the focus should be on the willingness to go to sleep at a decent hour and get up at a realistic time to actually get ready and go. It’s easy to want a different body, it’s hard to be willing to eat differently or become disciplined about exercise.

My character defect is really not in the *result*, i.e. the bank balance, the tardiness or the numbers on the scale ... my character defect is to be found somewhere in the *process*.

The second thing — and somehow I have found that although, logically, it doesn’t appear related to the above, it actually is in powerful and unfathomable ways — if I’m applying the principles and ideas from the 12 Steps to these things, the main point of the 7th, is “Humbly asked Him to remove our shortcomings.” is about humility — *not the shortcomings*. Not the defects.

I need a constant reminder of this, since, in certain areas I keep trying to make it about the problem, and not about a spiritual solution — which I reach via humility.

Frankly, on some days it seems like this whole deal would be a lot easier if we could just scrap this “humility” thing altogether.

But apparently, some people have tried that.

From what I understand, they can be found down at the bar. - Fondly, M.S.P.

THE STEPS & THE TRADITIONS

STEP 7 - “Humbly asked Him to remove our shortcomings.”

TRADITION 7 - “Every AA group ought to be fully self-supporting, declining outside contributions.”

SOUTH PALM BEACH COUNTY INTERGROUP COMMITTEE CHAIR DESCRIPTIONS

* It is recommended that Committee Chairpersons have no less than two (2) years of continuous sobriety in order to be eligible to serve in such capacity. The position shall be for a period of one year (with the exception of Where & When, for which a 2 year term is requested), plus an additional month to orient successor.

Archives: Coordinate and catalog along with the S.P.B.C. Archivist all collections and preserve material pertinent to the history of our Intergroup and local area. Create committee to assist with displays and workshops.

Bridge the Gap: Coordinate committee members who are "temporary contacts" to accompany new members after leaving a treatment center or a correctional facility to A.A. meetings; answer A.A. related questions; and introduce them to other members for support as they transition into the A.A. community. Work closely with the H&I Chair.

General Service Liaison: Act as direct link to the General Service structure of AA by attending local District meetings and providing report at the monthly Intergroup business meeting.

Group Information: Coordinate a committee of volunteers to visit local A.A. Groups not currently represented at the Intergroup monthly business meetings. Bring information and a spirit of unity to these groups offering our assistance and support. Obtain Group contact information and request Group History for our Archives.

Hospitals & Institutions: Coordinate volunteers to carry the A.A. message into Treatment Centers and Detox facilities throughout S.P.B.C. Chair monthly H&I committee meeting. Work closely with the Bridge the Gap Chair to offer our continued assistance after a newcomer leaves that facility.

North Palm Beach County Intergroup Liaison: Act as a direct link to N.P.B.C. Intergroup by attending its monthly business meeting, bringing back information, and giving a report at the monthly S.P.B.C. Intergroup business meeting. The Liaison also provides a written report to the S.P.B.C. Steering Committee.

Public Information: Inform the public about our A.A. program by providing literature or speakers upon request. Reach out to the local schools, businesses, civic groups, public services, and the South County Courthouse. Interact with the District 8 PI Chair to facilitate cooperation and prevent duplication of services.

SCAAN: Assemble information and documentation provided by S.P.B.C. Intergroup and create theme based story for monthly publication following newsletter guidelines. Provide electronic artwork to printer and the Webmaster each month. Proficiency with Microsoft Word and working familiarity with Excel needed; design and desktop publishing experience desirable.

Telephone Relay: Coordinate Group commitments to take our after-hours phone calls – anytime the office is closed. Provide current 12th Step lists, emergency numbers, instructions and the telephone at the monthly business meeting. If necessary, attends the A.A. Group's business meeting to provide information, a sample calendar and assistance prior to the group's commitment month. Maintains communication between the groups, the Intergroup office, the cell phone provider, and the 12th Step Committee.

Twelve Step Committee (one male, one female): Maintain and update the 12th Step call lists monthly. Work very closely with the Intergroup office manager. Request groups and individuals to serve as contacts and be willing to provide workshops and/or assistance for participants of this most important front line service.

Where & When: Maintain an electronic file of our meeting lists and updates provided by the Intergroup office manager. Create a revised Where & When and provide electronic copy to the printer approximately 4 to 6 times each year.

COMMITTEE CHAIR ELECTIONS
July Monthly Business Meeting
July 31, 2013
7:00 PM – 8:00 PM

South Palm
Beach County Intergroup



SUMMER SALE

**SPECIALTY
ANNIVERSARY MEDALLIONS**

Retail Price \$19

July, August and
September Sale Price \$15

South Palm Beach County Intergroup - Profit & Loss - April 2013

	May 13	Jan - May 13
Ordinary Income/Expense		
Income		
Cash Discounts	0.00	23.75
Contribution-Non Group		
Anonymous	74.00	464.88
Birthday Club	74.00	296.00
Faithful Fivers	10.00	70.00
Contribution-Non Group - Oth	33.44	61.44
Total Contribution-Non Group	191.44	892.32
Contribution Income	3,904.42	17,514.82
Fund Raising Income		
2013 Picnic	3,590.00	5,110.00
2013 Raffle	1,357.00	1,731.41
Alcathon Income	0.00	1,000.00
Total Fund Raising Income	4,947.00	7,841.41
Sales		
AAWS Books	2,642.75	17,456.10
AAWS Other	56.95	515.30
AAWS Pamphlets	165.55	1,052.61
Chips	589.75	2,532.75
Demdaco Gift Items	41.00	471.00
Gift Items	578.50	2,839.85
Grapevine Books	266.00	1,668.50
Grapevine Other Material	47.50	192.95
Hazelden Books	568.29	3,146.99
Hazelden Other	0.00	27.45
Medallions	1,331.00	8,819.00
Sale of Books	15.00	85.90
Where & When	369.00	2,001.00
Total Sales	6,671.29	40,809.40
Total Income	15,714.15	67,081.70
Cost of Goods Sold	4,654.64	25,537.59
Gross Profit	11,059.51	41,544.11
Expense		
Advertising	0.00	0.00
Annual Report Fee	0.00	61.25
Bank Service Charges	15.00	80.00
Fees Credit Cards	384.49	1,068.26
Fund Raising Expenses		
2013 Picnic Expenses	(69.24)	3,088.84
Total Fund Raising Expenses	(69.24)	3,088.84
Insurance	97.50	2,194.60
Inventory Adjustment	0.00	(118.86)
Mileage Reimbursement	86.28	86.28
Miscellaneous Expenses	2.00	(145.38)
Payroll Expenses	4,244.22	24,257.68

	May 13	Jan - May 13
Postage and Delivery	56.45	137.17
Printing and Reproduction		
SCAAN	0.00	764.00
Printing and Reproduction - t	0.00	32.00
Total Printing and Reproduction	0.00	796.00
Professional Fees		
Computer Technology	0.00	342.00
Total Professional Fees	0.00	342.00
Program & Committee Expenses	0.00	122.00
Rent	1,273.58	6,367.90
Repairs		
Building Repairs & Maintenan	0.00	130.00
Total Repairs	0.00	130.00
Storage	65.00	325.00
Supplies	107.34	1,532.86
Telephone	314.66	1,834.43
Utilities		
Electric	384.54	897.26
Total Utilities	384.54	897.26
Total Expense	6,961.82	43,057.29
Net Income	4,097.69	(1,513.18)

A special
THANK YOU
to Hannah, Committee Chair
for the Where & When.

A special
THANK YOU
to Petti, our dedicated Wednesday
afternoon volunteer, for donating an
"Office Chair" for the Front Desk!



Thank you all for
attending this month's
group conscience
meeting . . . here's
a list of a few
items we need
to go over.

July 2013 Where & When

The July 2013 Where & When is
available at SPBCI Office!

GROUP CONTRIBUTIONS: MAY AND YEAR-TO-DATE 2013

GROUP NAME(S)	May 2013	YTD 2013	GROUP NAME(S)	May 2013	YTD 2013	GROUP NAME(S)	May 2013	YTD 2013
1-2-3 Step, Boca	0.00	0.00	Just Before Dawn	300.00	900.00	Seniors In Sobriety, Delray	0.00	100.00
12 O'Clock High,W Boca	100.00	220.00	Just For Now, Boca	0.00	131.98	Serenity Hour, Delray	0.00	0.00
Acceptance is the Answer, Delray	0.00	0.00	Lake Worth Tues Nite BBSS	0.00	0.00	Serenity On The Beach, Lantana	0.00	320.00
Big Book Adventure, Boca	0.00	219.28	Lake Worth Young People's	162.50	162.50	Sober Sisters, Boca	0.00	80.83
Big Boys, Boca	0.00	0.00	Language Of The Heart, Delray	0.00	272.00	Sober Sunset Group, Boca Pines	100.00	610.00
Boca Boys, West Boca	0.00	0.00	Lantana Group	0.00	12.90	Sobriety For Breakfast, W Boca	0.00	313.00
Boca Men's Recovery	0.00	200.00	Let's Do Lunch, Boca	34.50	216.40	Sobriety In The Wind, Delray	0.00	153.88
Boca Men's, Boca	0.00	714.00	Living Sober Women, Delray	0.00	0.00	SOS (10am), Boca	40.50	304.00
Boca Women's Group	50.00	87.50	Lunch Bunch, Boca	301.20	493.20	Spiritual Awakenings, Boca	75.50	518.50
Boynton Beach Beginners	100.00	100.00	Men's Tuesday Solution, Boca	117.00	326.77	Sunday Night Speaker - Boca	0.00	100.00
Boynton Beach Group, Boynton	0.00	150.00	Men On-Track, Boca	0.00	110.00	Sunny Isles, Lantana	0.00	394.00
Boynton Beach Men's	400.00	400.00	Men With Solutions, Delray	0.00	0.00	Sunrise Beach Meeting, Delray	0.00	0.00
Boynton Boat Ramp Group	0.00	10.00	Midday Miracles, Delray	450.00	1,030.00	TGIF, Delray	0.00	200.00
Cardinal Lane, Lantana	47.72	47.72	Morning Medicine, Boca	200.00	490.00	Too Young to Be Glum	0.00	172.00
Daily Grace	20.00	20.00	New Beginnings, Wayside	0.00	0.00	Untitled Group	0.00	0.00
Delray 11th Step Meditation Grp	0.00	300.00	New Life Group	400.00	1,600.00	We Agnostics, Boca	0.00	15.00
Depression and the Alcoholic	0.00	60.00	No Matter What Group	0.00	0.00	We are Not Saints, Boynton	0.00	76.80
Derailroaded Group	0.00	0.00	North Boca Steps & Traditions	0.00	0.00	We Believers, Boca	0.00	0.00
Divas at 830 AM	0.00	914.84	North Delray Steps & Traditions	0.00	0.00	Welcome Home in Delray	165.00	240.00
Double Digit Gang, Delray	285.00	285.00	One Day At A Time, Delray	0.00	0.00	West Boca Beginners	100.00	244.00
Downtown Delray Group	0.00	0.00	One Page at a Time, Delray Beac	0.00	63.00	West Boca Friendship Group	100.00	350.00
Downtown, Boynton	0.00	0.00	Open Your Heart, Delray	0.00	0.00	West Boynton Group	0.00	266.73
East Delray Men's Group	91.00	406.00	People With Time	0.00	316.50	Westside Group, Delray	0.00	350.00
Eastside Women's Group	0.00	75.00	Principles and Promises	0.00	200.00	Women's Big Book Study, Boca	0.00	0.00
Eye Opener's, Lake Worth	0.00	0.00	Principles in Practice	0.00	180.00	Women in Recovery	0.00	62.96
Fri Night Special/Sat.Eve Post	0.00	200.00	Road To Recovery, Boca	0.00	25.00	Women Living Sober, Boca	0.00	165.00
From Steerage	0.00	0.00	Romance & Finance, W Boca	0.00	250.00	Women's Peace of Mind, Boca	60.00	60.00
Inside Out Group	0.00	0.00	Safe Haven	0.00	47.50	Womens BBSS, Delray	28.00	108.00
Intergroup Meeting	56.00	355.89	Saturday Night Live @ Five, Boca	120.50	256.00	Young at Heart, Delray	0.00	100.00
Journey to Freedom, Boca	0.00	250.50	Second Chance Women, Delray	0.00	0.00	Young People with a Solution	0.00	110.64
						Total Group Contributions	3,904.42	17,514.82

AA HOTLINE – RELAY PHONE



The Hand of AA is Available
24 Hours a Day!

With Gratitude from South Palm Beach
County Intergroup for your service.

July - Divas

FAITHFUL FIVERS

With Gratitude for their support:

Stan R. - Just Before Dawn

Linda P. - West Boca Friendship Group



BIRTHDAY CLUB

Leigh F. - 7/5/2011

Congratulations!
from SPBC Intergroup

BIRTHDAY CLUB

SOUTH PALM BEACH COUNTY INTERGROUP

CONGRATULATIONS ON YOUR ANNIVERSARY!

Your donation goes to help the valuable services provided by Intergroup including the AA hotline, meeting schedules, 12 step work, literature inventory, SCAAN newsletter and hospital/institution meetings.

Name _____ Anniversary Date _____

Home Group _____ Contribution* \$ _____

*Recommended contribution is \$1 for every year of sobriety.

If you would like a reminder notice next year, please fill out the address portion below or provide an email address.

Address _____ City _____

State/Zip _____ Email _____

Intergroup Business Meeting Minutes

May 29, 2013

Chairperson: Ed T. Opened the meeting with a moment of silence followed by the Serenity Prayer. Minutes from the April 24th Business Meeting and April 20th Steering Committee Meeting were approved. The Twelve Traditions were read. New Group Reps welcomed. Thanked Sheryl S. for the great job she did as the Picnic Chair and thanked Sarge for volunteering to be the chair for the Serenity Scramble. Ed thanked Bob M. for going over Robert's Rules of Order for the Steering Committee at the last meeting.

New Group Reps: Women With A Solution- Julia D. (alt.); West Boynton Group- Joan M.; North Delray Steps and Traditions- Colin B.; We Are Not Saints- John T.

Vice Chair: Sarah R. No Report.

Treasurer: John S. Intergroup has approximately \$6000 of specialty medallions in our inventory. The price is being decreased from \$19 to \$15 to reduce our stock. Reminded Reps of the importance of group contributions. Baskets were passed according to the 7th Tradition. Full financial report can be found in the SCAAN.

Secretary: Cheryl S. No report.

Office Manager: Jeannie G. Thanked the volunteers who helped with the Annual Picnic and all those who volunteer their time and service at the office. Elections for new Committee Chair positions will be held on July 31st at the Intergroup Business Meeting. Contact the office for position descriptions.

Archivist: Michael G. Excused absence.

Archives: Vaux F. Unexcused absence.

Bridge The Gap: Bill J. resigned as Men's Chair. A volunteer is needed to fill the position. Bennett H., Women's Chair received no phone calls this month.

General Service Liaison: Kate M. The Founder's Day Dinner is being held on Saturday June 8th. Lasagna dinner starts at 7pm, speaker meeting at 8pm is free. Tickets are \$10. A workshop called "Carrying the Message-Speaking at Non-AA Meetings" is being held on Saturday June 22nd, 2pm at the North County Intergroup. Call 561-714-4114 to RSVP.

Group Information: Bari W. Bari visited and helped organize a new group called "Men's Spiritual Sobriety" which is held on Tuesday and Thursday at the Church of Our Savior.

Hospitals and Institutions: Phil P. The committee is currently bringing 36 meetings a week into 12 facilities. A coordinator for Fair Oaks has been found. Beachway Therapy Center has requested a meeting to be brought in to each of their two locations in Delray. The meeting on May 18th was well attended and most of the time was spent on updating rosters. Volunteers are needed to speak at the meetings. Contact the Intergroup Office or your group rep if you are interested. The monthly meetings are held on the third Saturday, 2pm at the intergroup Office.

Public Information: Brian C. Emails were sent to all guidance counselors in the Palm Beach County School District offering AA information and contact information to NPBC and SPBC Intergroups. Continued research is being done for free advertising for AA Public Service Announcements at local movie theaters. Due to increased demand for AA related school presentations a subcommittee has been formed to coordinate and organize upcoming events.

Where and When: Hannah F. The new W&W will be coming out in July. Changes or additions need to be submitted to the Intergroup Office by June 12th.

Telephone Relay: Zach T. Unexcused absence.

Liaison To North County: Ted K.- excused absence. Cheryl S. gave report. Financials were strong with a \$3061.40 profit from the old Timer's Spaghetti Dinner. All positions are filled except for Alt. Chair. A picnic is being held on July 27th at Carlin Park. Mark T. was introduced and welcomed as the new South County Liaison. To get more information, visit the website, www.aa-palmbeach.org.

12th Step Committee: Cary A.-Excused absence. The position for a female Chair is open.

Anniversary Picnic: Sheryl S. Gave thanks to all the volunteers who helped make the picnic a great success. The profit was approximately \$4200.00.

Serenity Scramble: Sarge. The golf tournament is being held on October 20th at the Westchester Country Club in Boynton Beach. \$90 per person, \$25 for lunch. Groups can sponsor a hole for \$100.

Gratitude Dinner: The group Sobriety for Breakfast is sponsoring the dinner which is being held at the Embassy Suites in Boca Raton on November 23rd.

Old Business: None.

New Business: Ed T. read the qualifications for two open positions. They are for the Bridge the Gap Chair(male) and 12th Step Committee Chair(female). Positions are still open. The Intergroup reps were asked to announce these open positions at their home group. Elections for all of the Committee positions will be held in July. The descriptions will be advertised in the July SCANN.

The next Business Meeting will be held on June 26, 2013.

The meeting ended with the Lord's Prayer.

Respectfully submitted by Cheryl S.

UPCOMING EVENTS

FOURTH OF JULY

Delray Central House Picnic 2013

11:00 AM - 4:00 PM at John Prince Park. Tickets \$5.00

July 11-14

55th ICYPAA – International Conference of Young People in AA – At the “Historic Arizona Biltmore” Phoenix, AZ 85016. \$99/night.

www.arizonabiltmore.com or 1-800-hiltons

Conference Registration online: www.55th.icypaa.org.

Pre Registration \$25.

July 15

2014 Vacancy for non-trustee Director - AA World Services, Inc. Board

Contact for additional information - Sandra Wilson - wilsons@aa.org

July 24-28

57th Florida State Convention

“Carry this Message - Love and Service”

Hyatt Regency Jacksonville

(www.jacksonville.hyatt.com)

All rooms: \$109 - AA

Meetings/Workshops/Banquet/Golf/5kRun/Ice Cream Socials/Dances & Entertainment. Al-Anon/Alateen Meetings available.

Info/Registration: <http://57.flstateconvention.com>

August 16-18

“Women in Recovery - Secrets, Steps & Skills” at the Delray Beach Marriott Hotel. Registration and information at: <http://thewomeninrecovery.com>

September 5-8

Senior in Sobriety - 8th International Conference

Town & Country Resort Hotel, San Diego, CA

800-772-8527.

More info - email: sandiegoSIS2013@gmail.com or visit their website www.aasis2013.org or phone: 855-713-2300

September 6-8

Sisters By the Sea - Naples, FL

www.serenityclubswfl.org

October 25-27

27th Annual Promises in Paradise Caribbean Convention

St. Thomas, USVI

go to www.PromisesInParadise.com

for current information

Office Volunteers

June

Stephanie, Hannah, Joe, Jim, Matt, Bari, Caryl, Ken, Petti, Michael, Stan, Dennis, Joe B., Alan, Frank, Bart, Andrew, Zach, Jim, Linda, Tommy, Danny, Margarita, George, Melissa, Shanna, Natalie Q.

July Service Meetings

July 14

District 8 General Service Business Meeting
5 pm at Triangle Club, WPB

July 20

SPBC Intergroup H&I Business Meeting
2 pm at the Intergroup Office

July 27

SPBC Intergroup Steering Committee Meeting
9 am at Intergroup Office

July 31

SPBC Intergroup Monthly Business Meeting
7 pm at Delray Central House

Meeting Updates & Changes

Special Needs Meeting - Hearing Loss

Crossroads - Friday 5:30 PM - As Bill Sees It

West Boynton Group

Temple Shaarei Shalom

“No Smoking on Temple Grounds”

South Palm Beach County Intergroup Association, Inc.

2905 South Federal Highway • Building C, Suite 15-16
Delray Beach, FL 33483

24-hours: 561.276.4581

Email: southcountyaa@comcast.net

Website: www.aainpalmbeach.org

Office Hours

Monday-Friday: 9am - 5pm

Saturday: 10am - 3pm

STEERING COMMITTEE

Chair - Ed T. Vice Chair - Sarah R.
Treasurer - John S. Secretary - Cheryl S.
Office Manager - Jeannie G.

COMMITTEES

Archives Vaux F.
Archivist Michael G.
Bridge the Gap - Men
Bridge the Gap - Women Bennett H.
General Services Liaison Kate M.
Group Information Bari W.
Hospitals & Institutions Phil P.
Liaison to North County Intergroup Ted K.
Public Information Brian C.
SCAAN Maryanne & John T.
Telephone Relay Zach T.
Twelve Step Committee Cary A.
Webmaster David R.
Where & When Hannah F.

SPBC INTERGROUP EVENT CHAIRS

Anniversary Picnic Chair (May)
Serenity Scramble Chair (Oct 20) Sarge
Intergroup Gratitude Dinner (Nov 23) .. Sobriety for Breakfast