

One Sponsor's Guide to Hearing a 5th Step

by M.S.P.

An AA friend called me the other day and asked for advice about hearing a 5th Step. His question was timely, as I'd just been talking to someone else about the fact that much of the AA literature which discusses the 5th Step is (rightly) focused on the person who's doing the 5th, that is, the person who's written their 4th Step, and is now reading it aloud to "another human being."

But the person listening has an important job as well.

Alcoholics Anonymous asks people to be "searching and fearless" when they make an inventory of their resentments, their fears and their sexual (intimate) relationships. To read that aloud to someone is making a big leap of faith about AA and recovery — and the person you'll be reading to.

In the Big Book there are several pages devoted to finding the right person to hear your inventory (pgs. 72 to 75). This was written of course long before AA had reached the size that it is today, when most people doing the Steps already have a sponsor and are planning to read their inventory to that individual. In those pages there is the suggestion that you can, if you feel you must, read different parts of your inventory to different people. Certainly that fulfills the "letter" of the Step, but my own experience as both sponsee and sponsor is that it's better to have one person hear the whole mess if that's at all possible.

A Suggested Guide to Hearing a Fifth Step:

- 1) *Before a sponsee and I even get together to do the 5th I like to make sure they know about that quiet "after" time and they've made space in their day for that.*
- 2) *Then, when we meet to do the 5th — before they start to read their inventory — I like to show them the place in the book (pgs. 75-76) that describes this "sitting quietly" process, so they know where to find it themselves if they have any questions after they've gone home (or whatever quiet place they've chosen). And this is where I explain taking the 6th and 7th Steps. Most people feel pretty drained after reading an inventory, so I think it's best to talk up-front about the part about 6 and 7 so they can collect themselves and go when they're done reading, rather than have to sit through more suggested instruction on the Steps, or read more from the Big Book.*
- 3) *Before even one word is read I like to remind people that whatever they read to me will **always** stay between us, and that goes for however long I may or may not be their sponsor — in other words, my commitment to keeping confidential information safe is not contingent upon the label of sponsor.*
- 4) *The role of the person listening to a 5th Step is neither to endorse nor to condemn. The role is to listen. To witness. And so, I listen. Carefully. (If someone is especially nervous or uncertain I remind them that I don't have to be looking at them to be listening to them, and then I sort of sit sideways and try not to look directly at them for a bit. It seems to make people more comfortable.) While they read I will occasionally chime in with a thought, or to ask for clarification, or even to share a similar experience that I've had. (As the Big Book suggests the person listening may do.) And I think, as you*

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THE STEPS & THE TRADITIONS

STEP 5 - "Admitted to God, to ourselves and to another human being the exact nature of our wrongs."

TRADITION 5 - "Each group has but one primary purpose-to carry its message to the alcoholic who still suffers."

The “Right of Appeal” Concept V in our Third Legacy.....

Every member has a voice!

....Even after extensive debate on an issue, followed by a vote in which a “substantial unanimity” is reached, those opposed are polled individually to see if they wish to speak further to their minority view.

....This is A.A.’s “Right of Appeal” in Action, and Bill says the same principle should apply to meetings of our area committees, trustee committees and boards. On an issue of grave importance, the minority has the actual duty of presenting its views.

....This “Right of Appeal” recognizes that minorities frequently can be right; that even when they are in error they still perform a most valuable service when they compel a thorough-going debate on important issues.

.... “Trusted Servants”, according to Bill, “do for the groups what the groups cannot or should not do for themselves”. And in exercising their “Right of Decision” (Concept 3), Trusted Servants are almost always “a small but truly qualified minority” - - - whether in the form of committees, staffs, boards or even the General Service Conference itself. It is incumbent upon them, therefore, in their own meetings, to pay special deference to the minority voice.

(excerpts from AAWS #P-8 © 1986)

The Fifth Step Promises.....(Big Book, page 75)

“Once we have taken this step, withholding nothing, we are delighted.

- **We can look the world in the eye.**
- **We can be alone at perfect peace and ease.**
- **Our fears fall from us.**
- **We begin to feel the nearness of our Creator.**
- **We may have had certain spiritual beliefs, but now we begin to have a spiritual experience.**
- **The feeling that the drink problem has disappeared will often come strongly.**
- **We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.”**

The Fifth Step Prayer.....(Big Book, page 75)

“We thank God from the bottom of our heart that we know Him better.”

<u>Intergroup Activity Log ~ March 2012</u>	
Meeting Inquiries	262
Business Calls	316
Visitors	393
Sales	333
Other: Al-Anon, NA, detox	49
12th Step during office hours	19
Relay Phone - after hours	284
E-mails during March	577
Total Activity	2233

Meeting Updates/Changes

New Groups:

Name: AA History

Location: Boca Pines Club, West Boca

Time/Day: 12:15pm on Saturday **Code:** OL(~)

Name: The Work

Location: Veterans Park (Intercoastal & Atlantic Ave.) Delray Beach

Time/Day: 8:30pm Tuesday - **Code:** OD

Name: Chariots of Fire

Location: 217 S. Dixie Hwy, Our Club, Lake Worth

Time/day: 6pm on Sunday **Code:** OB/smoking

Group Updates/Changes:

We Are Just Beginners that meets @ Boca Pines Club, 7pm Saturday, has changed name & format-

New name: Back To the Book - **New code:** OT(+)

Colors of Sobriety that meets @ Boca Pines Club, 12:30pm Saturday, has been **cancelled:**

2nd Street Sobriety that meets @ Alternative MC Clubhouse, Delray, 8pm Tuesday, has changed format - **New code:** O(~)

Double Digits that meets @ Crossroads Club, 7pm Saturday, has changed format - **New code:** CSD

Sober Sisters of Lake Worth has moved from 201 N. Dixie Hwy, 6:30pm Monday

New location: 18 South J St. Lake Worth “Lambda North Clubhouse”

Eye Openers Group of Lake Worth has moved from Our Club.

New location: The First Baptist Church, 127 South M. St. 7am, Monday through Saturday- **No longer meets on Sundays**

Our Club in Lake Worth has moved from 219 S. Dixie Hwy to

New Location: 217 S. Dixie Hwy

11th Step Group @ Our Club in Lake Worth has changed their schedule:

Meetings Monday through Saturday – 12:00 Noon and Saturday at 6:00PM

Right to Sobriety @ Our Club in Lake Worth has changed their meeting time to: Sunday 12:00 Noon

Website Activity 2012	March	Y-T-D
Visits to Website	6,614	19,566
Pageviews	13,100	39,901
Pages per Visit	1.98	2.04
New Visitors	2,686	8,062
Returning Visitors	3,929	11,504
Average Duration	1:36	1:45

SOUTH COUNTY BEACH COUNTY INTERGROUP FINANCIAL REPORT- MARCH 2012 and Year-To-Date

GROUP CONTRIBUTIONS	March	YTD 2012	INCOME	March	YTD 2012	EXPENSE	March	YTD 2012		
				Mar 12	Jan - Mar 12		Mar 12	Jan - Mar 12		
12 O'Clock High,W Boca	50.00	220.00	CC Sales Fee Reimbursement	2.00	12.00	Bank Service Charges	15.00	45.00		
Big Book Adventure, Boca	0.00	116.43	Contribution-Non Group			Business Hotel/Meals/travel exp				
Boca Men's, Boca	0.00	283.00	Anonymous	11.85	121.20	Quarterlies & Meetings	44.15	44.15		
Boca Women's Group	0.00	75.00	Faithful Fivers	15.00	1,745.00	Total Business Hotel/Meals/trav	44.15	44.15		
Boynton Beach Beginners	50.00	50.00	Florida Roundup	248.85	248.85	Fees Credit Cards	138.83	417.53		
Boynton Boat Ramp Group	0.00	20.00	Total Contribution-Non Group	275.70	2,115.05	Fund Raising Expenses				
Cardinal Lane, Lantana	0.00	40.00	Total Group Contribution	3,948.06	11,930.01	Intergroup Gratitude Dinner	0.00	100.00		
Depression and the Alcoholic	70.00	70.00	Fund Raising Income			2012 Picnic expenses	0.00	212.00		
Divas at 830 AM	0.00	283.97	Alcathon Income	0.00	1,050.92	Serenity Scramble	250.00	250.00		
Double Digit Gang, Delray	0.00	200.00	Birthday Club	13.00	103.00	Total Fund Raising Expenses	250.00	562.00		
Downtown Delray Group	556.21	556.21	Events	0.00	263.00	Insurance				
East Delray Men's Group	0.00	160.00	2012 Picnic Income	100.00	100.00	2012.Employee Injury	395.44	395.44		
Friendship Group, West Boca	0.00	100.00	2012 Raffle Income	160.00	160.00	Employee Insurance - Other	810.00	2,430.00		
Inside Out Group	0.00	5.00	Total Fund Raising Income	273.00	1,676.92	Total Insurance	1,205.44	2,825.44		
Intergroup Meeting	84.20	296.20	Miscellaneous Income	10.00	10.00	Inventory Adjusment	0.00	19.85		
Journey to Freedom, Boca	0.00	329.00	SALES			Inventory Purchases Paid	5,251.31	12,814.98		
Just For Now, Boca	0.00	376.96	AAWS Books	4,139.25	11,783.90	Payroll Expenses	8,010.99	20,311.12		
Language Of The Heart, Delray	86.23	236.23	AAWS Other	160.40	478.30	Postage and Delivery	0.00	57.15		
Let's Do Lunch, Boca	0.00	100.00	AAWS Pamphlets	247.00	781.56	Printing and Reproduction				
Lunch Bunch, Boca	312.00	793.00	Chips	497.00	1,514.50	SCAAN	325.00	650.00		
Men's Tuesday Solution, Boca	0.00	300.00	Demdaco Gift Items	141.80	607.05	Printing and Reproduction - C	0.00	60.00		
Men On-Track, Boca	150.00	150.00	Gift Items	1,093.75	2,830.50	Total Printing and Reproduction	325.00	710.00		
Midday Miracles, Delray	200.00	671.00	Grapevine Books	337.50	1,137.50	Professional Fees				
Morning Medicine,Boca	0.00	472.43	Grapevine Other Material	36.90	116.70	Computer Technology	157.75	335.75		
New Beginnings, Wayside	0.00	122.85	Hazelden Books	899.45	2,115.95	Total Professional Fees	157.75	335.75		
New Life Group	400.00	1,200.00	Hazelden Other	39.96	77.41	Rent	1,519.38	4,558.14		
North Delray Steps & Traditions	186.10	186.10	Medallions	1,568.00	5,619.00	Storage	107.00	321.00		
One Page at a Time, Delray Beac	40.00	86.54	Sale of Books	51.95	123.75	Supplies				
People With Time	0.00	263.44	Where & When	455.20	1,410.20	Commissary	0.00	208.58		
Principles and Promises	0.00	100.00	Total Sales	9,668.16	28,596.32	Computer Software & Supplie	40.00	120.00		
Principles in Practice	11.00	11.00	TOTAL INCOME/GROSS REV	14,176.92	44,340.30	Office Supplies	4.22	573.68		
Road To Recovery, Boca	0.00	25.00				Total Supplies	44.22	902.26		
Saturday Night Live @ Five,Boca	0.00	50.00	ACCOUNTS & ASSETS			Telephone	271.26	542.80		
Seniors in Sobriety,Delray	50.00	50.00	Bank Accounts	\$23,949.86		Utilities				
Serenity Hour, Delray	600.00	600.00	Inventory Assets	\$27,519.65		Electric*	305.66	305.66		
Serenity On The Beach,Lantana	160.00	160.00				Total Utilities	305.66	305.66		
Sober Sunset Group, Boca Pines	336.50	861.50	HOSPITALS & INSTITUTIONS			TOTAL EXPENSE	17,645.99	44,772.83		
Sobriety For Breakfast, W Boca	0.00	200.00	<u>H&I Contributions Rec'd 1st Quarter 2012</u>			NET ORDINARY INCOME	-3,469.07	-432.53		
Sobriety In The Wind, Delray	83.32	83.32	Sunny Isles	\$	175.00	Other Income/Expense				
SOS (10am), Boca	89.50	268.75	One Page at a Time	\$	21.60	Sales Tax Adjustment	-16.74	-78.98		
Spiritual Awakenings,Boca	206.50	274.63	Anonymous	\$	50.00	Total Other Expense	-16.74	-78.98		
Sunny Isles, Lantana	0.00	466.50	Literature for H&I	\$	(356.16)	Net Other Income	16.74	78.98		
TGIF, Delray	0.00	100.00	HOSPITALS & INSTITUTIONS balance	\$	(863.47)	NET INCOME @ '3/31/12	\$(3,452.33)	\$(353.55)		
Untitled Group	19.00	19.00								
We Agnostics, Boca	0.00	15.00	<i>Did You Know During First Quarter 2012 SPBC Intergroup SOLD the Following Chips & Medallions</i>							
We Believers, Boca	0.00	284.00	1,810 (24 Hr)	482 (9 Mo)	93 4 Yr	22 8 Yr	20 12 Yr	9 16 Yr	201 20-29YR	Plus All Years
Welcome Home in Delray	0.00	100.00	958 (1 Mo)	222 1 Yr	80 5 Yr	25 9 Yr	8 13 Yr	9 17 Yr	71 30-39YR	232 TriPlates
West Boca Beginners	0.00	181.00	949 (3 Mo)	108 2 Yr	26 6 Yr	25 10 Yr	2 14 Yr	20 18 Yr	19 40-49YR	Keep Coming
Women Living Sober, Boca	192.50	192.50	939 (6 Mo)	95 3 Yr	24 7 Yr	10 11 Yr	10 15 Yr	11 19 Yr	10 50-59YR	Back!!!!
Womens BBSS, Delray	15.00	53.00								
Young People with a Solution	0.00	71.45								
Group Contributions	3,948.06	11,930.01								

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listen, it's an important part of the sponsor (or inventory listener's) role to help people be clear with the "my part" of the inventory — the 4th column. Sometimes people genuinely will not see their part in something and need it gently pointed out, or, what I find is more common, people will take responsibility for problems and situations that aren't theirs. Or rather, they will take full responsibility sometimes for things they only had a part in. I think as the "witness" it's important to listen for that and help people be clear.

5) *As mentioned above, the 5th Step flows gracefully right into the 6th and 7th. Part of my job in helping someone do their 5th is to help them understand how to do that so they can then follow through and do 6 and 7 on their own. (And of course that does not mean there isn't further discussion on the 6th and 7th Steps down the line – those are lifelong challenges, after all, the facing and working on our character defects.) In brief, the Big Book suggests that post-5th Step, during that "quiet time," when you're sitting and thinking about the work you've done so far, after you ask yourself if you've been as thorough as possible, you then look at the "your part" column from the 4th. "Review what we have done," and "ask yourself if you're really ready to have God help you change" (The Big Book says "entirely" ready — a tall order for most of us.) If the answer is yes, then that is, in itself, the 6th Step: "Were entirely ready to have God remove all these defects of character." (Meaning specifically the defects of character which have been revealed in the fourth column of the 4th Step.)*

6) *And if you are ready to have God help you change, then it is time to ask God, as you understand God, to change you, that is, to pray the 7th Step Prayer, found on pg. 76 of the Big Book. (And I suggest people really think about what they're asking God to do, and reflect on what the inventory revealed, and to pray mindfully.) So ultimately when I listen to a 5th Step it goes beyond just hearing an inventory. It includes helping people be ready to do the 6th and 7th Steps as well.*

If you do all of the above when listening to someone read their inventory you'll be as wiped out as they are — believe me. But this is a program of action; we work out our own spiritual solutions "on the altruistic plane." And being witness to someone's inventory is one of the most constructive actions you can perform.

Twelve Points to Assure Our Future

(the first suggestions for An Alcoholics Anonymous Tradition of Relations)

The Fifth Point ~ The Fifth Tradition (Long Form)

*"Each Alcoholics Anonymous group ought to be a spiritual entity – **having but one primary purpose** – that of carrying its message to the alcoholic who still suffers."*

The Fifth Tradition (Short Form)

"Each group has but one primary purpose.....to carry its message to the alcoholic who still suffers."

Says the old proverb, "Shoemaker, stick to thy last." Trite, yes. But very true for us of A.A. How well we need to heed the principle that it is better to do one thing supremely well than many things badly.

Because it has now become plain enough that only a recovered alcoholic can do much for a sick alcoholic, a tremendous responsibility has descended upon us all, an obligation so great that it amounts to a sacred trust. For to our kind, those who suffer alcoholism, recovery is a matter of life or death. So the society of Alcoholics Anonymous cannot, it dare not, ever be diverted from its primary purpose.

Temptation to do otherwise will come aplenty. Seeing fine works afoot in the field of alcohol, we shall be sorely tempted to loan out the name and credit of Alcoholics Anonymous to them; as a movement we shall be beset to finance and endorse other causes. Should our present success continue, people will commence to assert that A.A. is a brand new way of life, maybe a new religion, capable of saving the world. We shall be told it is our bounden duty to show modern society how it ought to live. Oh, how very attractive these projects and ideas can be! How flattering to imagine that we might be chosen to demonstrate that olden mystic promise: "The first shall be last and the last shall be first." Fantastic, you say. Yet some of our well-wishers have begun to say such things. Fortunately most of us are convinced that these are perilous speculations, alluring ingredients of that new heady wine we are now being offered, each bottle marked "Success"! Of this subtle vintage may we never drink too deeply.

May we never forget that we live by the Grace of God — on borrowed time; that anonymity is better than acclaim; that for us as a movement poverty is better than wealth.

And may we reflect with ever deepening conviction, that we shall never be at our best except when we hew only to the primary spiritual aim of A.A. — **"That of carrying its message to the alcoholic who still suffers alcoholism."**

.....**Bill Wilson**

INTERGROUP MINUTES- MARCH 28, 2012

Chairperson: Sheryl S. Meeting opened with a moment of silence followed by the Serenity Prayer. Minutes from February 9, 2012 were approved. Baskets were passed according to the 7th Tradition. New Group reps were welcomed. The Intergroup Inventory which was held on March 24, 2012 was based on the 12 Traditions and the report should be out by next week. Tickets and raffle tickets are now on sale for the Annual Picnic.

New Group Reps: Stuart M.- All Aboard Group; Jordon S.- Step Into The Solution; Chris H.- Delray Central House; David P.- Easy Does It; Archie W.- We Are Not Saints; Steve C.- Men On Track; Chris D.- Romance Finance Group of AA; Phil P.(alt.) – West Boca Big Book Group; Denise P.- Women's Peace Of Mind Group; Kelly H.- The Solution; Priscilla W.- Women In Recovery; Joe L.- Boca Raton Speaker Group.

Vice Chair: Liz S. Went over the results of the Intergroup Survey and discussed related issues and possible solutions. Anyone interested in getting a copy can contact the Intergroup office.

Treasurer: Sarah P. Went over the February 2012 Intergroup financial report.

Secretary: Cheryl S. No report.

Office Manager: Pam T. The "We Are Just Beginners" meeting at the Boca Pines Club on Saturday at 7pm has changed their name to "Back To The Book" and the new format will be Open Step Beginners. The "Colors Of Sobriety" group will no longer be meeting at the Boca Pines Club on Saturdays at 12:30pm.**Volunteers are needed at the Intergroup office. Shifts are from 9am-1pm and 1pm-5pm.

Archives: Nick L. The CD's from the Gratitude Dinner are now available and will be mailed out this week. The Intergroup office now has an electronic log of every cassette and CD. Thanks goes out to Fred, Theresa, Jeannie G. and the other volunteers for their service. Our Archivist Michael G. and Nick L. will be attending the National Archives Convention in October. Donations of old AA material are greatly appreciated.

Bridge The Gap: Willie B. Volunteers are needed.

General Service Liaison: Chip C. The next General Service meeting will be on Sunday, April 8, 2012. Area 15 is the host for the Southwest Regional Forum which will be held at the Boca Raton Marriot on November 9-11, 2012. Volunteer and service opportunities are available.

Hospitals and Institutions: Cary A. Meetings are held on the 3rd Saturday of every month at the Intergroup office. If you want to volunteer, please come to the meetings.

Public Information: Kathleen H. No report.

SCAAN: Maryanne T. Articles are welcomed and can be submitted to the Intergroup office.

Liaison to NPBC Intergroup: Andrew H. Elections were held at the last meeting on March 14, 2012.

Telephone Relay: Zach S. No report.

Where and When: Todd L. Unexcused absence.

12th Step Committee: Bari W. Bill J.-excused absence. Chris M.

gave report. Male and female volunteers are needed. Volunteers can make their own availability schedules.

Group Information: Taylor R. Visited the group "The Work" which is held on Tuesdays at 8:30pm at Veteran's Park under the gazebo. New groups are requested to fill out the Group History Form and return it to the Intergroup office.

Picnic Committee: Billy R. The picnic will be held on April 15, 2012 at John Prince Park from 11am-4pm. Picnic planning meetings will be held on March 31st. and April 7th at Delray Central House at 2pm. Volunteers are needed. Special thanks goes to Maryanne T. and John T. for their contributions in printing the flyers, tickets and raffles.

Serenity Scramble: Sarge. The Scramble will be held at the Delray Golf Club on October 14, 2012. Suggestions are welcomed and can be sent to the Intergroup office.

Old Business: None.

New Business: None.

Meeting ended with the Lord's Prayer.

Respectfully submitted by Cheryl S.

The Hand of AA is Available 24 Hours a Day!

With Gratitude to these Groups for covering our Relay Phone:

May: Diva's (Women's Group), Delray
June: Cheer Up @ 10:13 pm, West Boca
July: Just Before Dawn, Boynton Beach

FAITHFUL FIVERS

With Gratitude for their support for this year:

Anonymous; Bari W.; Jim S.; Gerald M.; Suzy V.;
Chris E.; Jeanne McT.; Kathryn S.; Jennifer L.;
John T.; Nick L.; Susan K.

With Gratitude for their service at the Intergroup Office during the month of April:

Bari W.; Andrew H.; Bob K.; Susan K.; Chris L.;
Lynn E.; Emily C.; Nick L.; Michael G.; Cheryl S.; Zach T.;
Mr. Bo Jangles; Sheryl S.; Stephanie M.; Rich W.;
Michelle K.; Stan R.; Jeannie G.; Bobbi K.; Susy S.

BIRTHDAY CLUB

Lyn W. - Live At Five, Boca - 4/24/73 - 39 yrs

Bob L. - Wine Into Water - 3/23/80 - 32yrs

Christopher M. - Men's Tuesday Solution - 4/28/96 - 16yrs

Willie B. - Wine Into Water - 3/5/97 - 15yrs

May Service Meetings

May 8th

SPBC Intergroup Steering Committee Meeting
Tuesday @ 6pm-Intergroup Office

May 19th

Intergroup H & I Committee Meeting
Saturday @ 2pm-Intergroup Office

May 20th

General Service District 8 Business Meeting
Sunday @ 5pm-Triangle Club

May 30th

SPBC Intergroup Business Meeting
Wednesday @ 7pm-Delray Central House

October

October 14

**SPBC Intergroup 9th Annual Serenity Scramble
Golf Tournament**

Location: Delray Beach Golf Club

November

November 9-11

**Southeast Regional Forum “Sunlight of the
Spirit”**

Hosted by: Area 15

Location: Boca Raton Marriott, FL

For more info: www.area15aa.org



Upcoming Events

May

May 4-6

***22nd Spring Conference “The Woodstock of AA”**

Location: International Palms Resort & Conference
Center, Cocoa Beach, FL

Registration Fee: \$30 For more info: 321-783-2271

May 19

Traditions Workshop 3-4

Location: Triangle Club, WPB.

2-3:30pm

August

August 1-5

***56th Florida State Convention “Always Be
There”**

Location: Innisbrook Golf & Spa Resort, Palm
Harbor, FL

Phone: 727-942-2000 (convention room rates
available)

Speakers, workshops, marathon meetings, & a full
Al-Anon family groups program!

For more info: www.56.flstateconvention.com

August 17-19

***17th Annual SE Women To Women Conference**

Location: Marriott Beach Hotel, Delray Beach, FL.

Opportunity for sober women to experience recovery
& fellowship together!

For more info: www.southeastwomentowomen.com

**South Palm Beach County
Intergroup Association, Inc.**

2905 South Federal Highway • Building C, Suite 15-16
Delray Beach, FL 33483

24-hours: 561.276.4581

Email: southcountyaa@comcast.net

Website: www.aainpalmbeach.org

Office Hours

Monday-Friday: 9am - 5pm

Saturday: 10am - 3pm

STEERING COMMITTEE

Chair - Sheryl S. Vice Chair - Liz S.
Treasurer - Sarah P. Secretary - Cheryl S.
Office Manager - Pam T.

COMMITTEES

Archives Nick L.
Archivist Michael G.
Bridge the Gap Willie B.
General Services Liaison Chip C.
Group Information Taylor R.
Hospitals & Institutions Cary A.
Liaison to North County Intergroup Andrew H.
Public Information Kathleen H.
SCAAN Maryanne T.
Telephone Relay Zach S.
Twelve Step Committee Bill J./Bari W.
Webmaster David R.
Where & When Todd L.
Anniversary Picnic Billy R.
Intergroup Gratitude Dinner Open
Serenity Scramble Sarge