

South Palm Beach County Intergroup Association, Inc. Serving Alcoholics Anonymous Groups in Boca Raton, Boynton Beach, Delray Beach, and Lantana

# An Attitude of Gratitude in South County!

And a We have so much to be grateful for! grateful Alcoholic is a sober alcoholic. **SCAAN** asked South County alcoholics to reflect on their gratitude. Here's what 332 years of sobriety say about gratitude:

Nicola L (4 yrs) is "truly grateful for the secure and nurturing life connection this fellowship offers to me. Through loving, impressive suggestions and examples from other fellow AA's, I have become and thus far have remained teachable (and have a zestful willingness to remain so).

"I've had a liver transplant recently," said Bill J (7 yrs). "Folks say this is a miracle but it is only medical science and good luck combined with the donor's family kindness. The miracle is that, through the program of Alcoholics Anonymous, I'm sober today. In our society, drunks don't get new livers, but alcoholics can."

Ken F (2 yrs) "feels grateful every day for God's grace and presence in my life; my 'gratitude' is an outward display of these feelings through my daily activities and actions in serving God and his other children.'

"I am grateful to AA for giving me a loving set of spiritual principles that allow me to live life on life's terms one day at a time," said Liz S (7 yrs). Pam B (1 yr) "is grateful for so many things, but I guess it would be family, friends and my higher power."

Lyn W (35 yrs) is "grateful for AA, the one constant in my life. For being sober through the good and bad times, for the dear friends I have, have known, and yet to meet. Most of all for the Higher Power who has constantly been with me through it all and the ability to adjust to change and a new awareness that so much more will be revealed."

**Howard S** (12 yrs) has been given a second chance in life. "Today I am a responsible, caring and loving husband, father, and grandfather. My parents were deprived of these gifts because of the disease of Alcoholism."

"Not craving alcohol after decades of drinking is gift enough - everything else is a bonus," says Ray D (9 yrs).

**Tradition 11:** 





#### Gratitude!

The SCAAN staff believes this is the very best one-sentence description, in any AA literature, regarding the payoff "for practicing these principles in all our affairs!"

"Service, gladly rendered, obligations squarely met, troubles well accepted or solved with God's help, the knowledge that at home or in the world outside we are partners in a common effort, the well-understood fact that in God's sight all human beings are important, the proof that love freely given surely brings a full return, the certainty that we are no longer isolated and alone in selfconstructed prisons, the surety that we need no longer be square pegs in round holes but can fit and belong in God's scheme of things these are the permanent and legitimate satisfactions of right living for which no amount of pomp and circumstance, no heap of material possessions, could possibly be substitutes."

> (p. 124, "Twelve Steps & Twelve Traditions")

Dorothy T(21 yrs) says "as my spiritual life evolves so does my eternal gratitude for AA's Twelve Steps, which have given me the gift of a life filled with abundant joy, purpose and the ability to face life's adversities with some measure of peace."

James P (2 yrs) is grateful for his disease, "for it has steered me towards a way of life I may not have otherwise even thought to look for.'

According to Snow (33 yrs), "gratitude is an awareness of the abundance of the universe and the gifts it has given you. I am grateful for all that has been given to me by a divine source, which is everything I am, have, or could ever hope to become.

AL A (31 yrs) said, "a miracle happened. I stopped drinking!! I've come a long way for some one who could not sign his own name. I have a daily reprieve based on spiritual fitness." Meredith G (1 yr) said "We are grateful for God allowing us to experience the gifts of sobriety while we are young."

Pam T (8 yrs) is "grateful for a clear mind and a healthy body; for my cats that cuddle and my dog waiting at the door to greet me; for my children & grandchildren to love and respect for exactly who they are; for old friendships mended, and new friendships each day; most of all . . . I am grateful for a loving God who gave me the undeserved Gift of Sobriety so I can live the life He designs."

"Today, gratitude for me is to be blessed with 28 years of continuous sobriety and successfully recovering from a recent major medical procedure," says Ed T. "The tools of the program that include practicing the eleventh step and having a strong support system created a positive environment that aided my rapid recovery.'

(continued on page 2)

# Holiday Open House

Saturday, November 8th (Details on page 2)



# The Step, The Tradition, & The Concept

"Sought through prayer and meditation to improve our conscious contact with God as we **Step 11:** understood Him, praying only for knowledge of His will for us and the power to carry that out."

"Our public relations policy is based on attraction rather than promotion: we need always maintain personal anonymity at the level of press, radio and films."

"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and Concept 11:

rights and duties will always be matters of serious concern.



Reprinted with permission from Alcoholics Anonymous World Services

SCAAN November 2008 2

#### Attitude of Gratitude (cont. from page 1)

**Karin K**(21 yrs) believes "happiness is a by-product of living right. AA gave me the sense of belonging, peace of mind, and the freedom to grow . . . and for that I am deeply grateful. What a beautiful day of uncertainty!" **Jane D**(12 yrs) is "grateful for my gift of recovery, and the awareness and growth opportunities that come along with it."

**Phil Y** (20 yrs) "woke up today and saw the ceiling, not dirt or a box lid. I knew that the rest was up to me, so I prayed and started another day. How great is that?"

"My gratitude for A.A. Is impossible to put into words. It is the most divine and pure love for A.A. gave me a new life—a do-over." *Adam J* (2 yrs) also says "working the 12-steps, making meetings, helping others, being part of a fellowship, and having a personal connection to my higher power provided me a magnificent fresh start to this *'Now'* magical life!"

"I'm grateful that the healing love and kindness that was extended to me at my first meeting is still present in every meeting I attend. The spirit of Bill and Bob's first meeting 'one drunk helping another' is alive and well and for that I am grateful," says *Dave F*(31 yrs).

**Shery!** S (5 yrs) is "grateful for the wonderful friends I have found through our fellowship and the many opportunities for service I have been given." **Joyce** R is "grateful that I have not had a single ungrateful day in my 25 years of sobriety. Thank you God."

**Rick R** (19 yrs) is "grateful for all the good things I have become since I got sober in AA: a faithful husband, an attentive father, a consistent worker, a disciplined man, a dependable son, a college graduate, a contributor to society, an honest citizen and a loving follower of my higher power."

#### It Happened in November!

Bill W. was born in East Dorset, VT in a room behind a bar in the Wilson House, a village hotel run by his grandmother on November 26, 1895.

Bill W. went to play golf on Staten Island on Armistice Day, November 11, 1934, and got drunk. Bill relates his experience in Pass It On (p. 110): "He said to me (a person Bill met on the bus): 'Don't you drink?' And then, I dwelt on the allergy and the obsession, among other things. I told him all about the terrible time I'd had with liquor and how I was through with it forever . . ." "We were almost ready to leave when my mind turned back again to Armistice Day in France - all the ecstasy of those hours . . . Suddenly, the bartender . . .came abreast of us beaming. In each hand he held a drink. 'Have one on the house, boys,' he cried. 'It's Armistice Day.' Without an instant's hesitation, I picked up the liquor and drank it." "My friend looked at me aghast. 'My God, is it possible that you could take a drink after what you just told me? You must be crazy.' "And my only reply could be to this: 'Yes, I am."

Later that November, 1934, Ebby T. while staying at the Calvary Mission and working with the Oxford Group, heard about Bill's drinking problems. Ebby visited Bill at 182 Clinton St. and shared his recovery experience ("one alcoholic talking to another"). (Pass It On, pp. 111-116).

The short form of the Twelve Traditions was first printed in the AA Grapevine in November, 1949. The entire Issue was dedicated to the Traditions in preparation for the forthcoming Cleveland Convention.

Dr. Robert Holbrook Smith, age 70 and co-founder of AA died of cancer at City Hospital in Akron on November 16, 1950. Over his 15 years of sobriety, Dr. Bob helped more than 5,000 alcoholics. In his eulogy, Bill W described Dr. Bob as "the prince of the Twelfth Steppers." (AA Comes of Age, pp. 7, 9).







## Holiday Open House Saturday, November 8 10:00 a.m. – 2:00 p.m.

Join your fellow AAs at an Intergroup Open House on Saturday, November 8, from 10 a.m. - 2 p.m. Snacks will be served, and the office will be chock full of gift items for the holidays! There are also special sale items. We're also loaded up on all literature, DVDs, CDs and special medallions.

You'll enjoy the truly unique cards from the Archival collection of Searcy W., who was a friend of Bill W's and Ebby T's last sponsor. These cards make great gifts, and are suitable for framing. There are lots of new gift items that make great holiday gifts for those special people in your life.

#### Some very special prizes!

Everyone who makes a purchase on November 8<sup>th</sup> will be entered into a sweepstakes to win very special plant clippings. These clippings come from a plant that was in Dr. Bob's hospital room at City Hospital in Akron, Ohio where Dr. Bob passed away on November 16<sup>th</sup>, 1950.

Dr. Bob was the co-founder of AA, along with Bill W. His sobriety date of June 11, 1935 marks the founding of AA

We look forward to seeing you at the Holiday Open House! Bring a friend. Of course, if you can't make it on November 8, come by any time. We're open from 9-5 Monday through Friday, and from 10-3 on Saturdays.

# **Telephone AA Meeting**For Homebound / Mobility Impaired

The Special Needs Committee of General Service District 8 has created a weekly Telephone AA Meeting for the homebound & mobility impaired. This meeting is scheduled every Wednesday evening at 7:30 p.m. All you need is a telephone.

Just dial 1-712-432-1630 and when asked for your Conference Code, enter **933358#**. Please say your first name when you are connected and the host (chairperson) will call on you to share by name. This will be a closed AA meeting. If you recognize one of the other callers, please do not break his or her anonymity. You may call in any time after 7:15 p.m. However, if you call in after 7:30 when the meeting is in progress, please wait until the person currently speaking is finished before announcing your name.

**IMPORTANT!** This is not a toll-free call. The conference call feature is free and will accommodate up to 95 callers. However, you will be responsible for any long distance charges at your own rate. Many who use cell phones, digital phone services, or special calling packages will have no long distance charges. If you have any questions regarding this Telephone AA Meeting, call 561-844-7655.

# Intergroup Fact Sheet in this SCAAN

With the significant number of new AA members in South Palm Beach County, an Intergroup fact sheet has been inserted in this issue. The objective is to inform South County AA members about the purpose / role of Intergroups in general and our Intergroup specifically. It also discusses how to get involved in various service opportunities with Intergroup and Seventh Tradition matters ("where money and spirituality mix").

S <u>c</u>	UTH P	ALM BI	EACH (	COUNTY INTERGROUP-2008 CON	ITR	IBUTION	NS				ACCOUNTS & B	ALA	NCES
THIRD QUARTER REPORT THROUGH SEPTEMBER 2008						2008 THIRD QUARTER							
	2008		2007		_	2008		2008		2007	THROUGH SE		
	Sept	YTD	YTD			Sept		YTD		YTD			
DELRAY BEACH				Total Group Contributions		\$2,414		\$40,221	ļ	\$46,381	Operating Acct	\$	6,125.58
Welcome Home in Delray	0	0	0								Prudent Reserve	\$	11,182.54
Westside Group	0	505	1318	OTHER CONTRIBUTIONS							Petty Cash	\$	150.00
Wine Into Water	0	300		Alcathon		0		1,066		1,006	Funds for Events:		
Womens BBSS	18	179	159	Birthday Club		506		1,224		1,275	<b>Gratitude Dinner</b>	\$	17,040.00
Young People w/ Solution	0	162	398	Florida Round-up		0		506		329	Serenity Scramble	\$	6,252.60
CROSSROADS				Intergroup Meeting		43		429		496			
AA Oldtimers	0	205	0	Other Events		0		438		505	Total Accounts	\$	40,750.72
Divas at 8:30 AM	0	129	42	Personal/ Anonymous		100		348		1,621			
DATA	0	80	40	Total All Contributions		\$3,063		\$44,232		\$51,613			
Double Digit Gang	0	123	0	H&I Liability Acct.	S	ept'08	9,	Sept'08	,	YTD'08	What is the Worth	of So	obriety?
Downtown Delray Group	0	1,047	1411	Balance Forward	3	3,018.31				3,018.31			
East Delray Men's Group	0	648	617	One Page at a Time		60.12							
Language Of The Heart	0	0	573	August Book Purchases				-305.20					
Last Call Group	0	0	0	Balance September 30, 2008						2,773.23	"As a newcomer I was t	old '	we have to
Living Sober Women	0	150	150								give it away in order to		
Midday Miracles	0	1,150	1,025	PROFIT & LOSS REPORT	Se	pt 2008	Υ	TD 2008	Y	TD 2007	began to adopt the		
One Day At A Time	0	2,594	2,307	INCOME:							Alcoholics Anonymous i found it was a privilege		
Second Chance Women	160	160	549	Group Contributions	\$	2,414	\$	40,221	\$	46,380	Fellowship as an exp		
Serenity Hour	0	1,980	2,052	Personal Contributions	\$	100	\$	348	\$	1,872	gratitude I felt in r		
Serenity On Saturday	0	0	125	Intergroup Meeting 7th Tradition	\$	43	\$	429	\$	496	(Daily Reflections		
Sobriety In The Wind	0	438	769	Event 7th Tradition	\$	-	\$	506	\$	329			
Take The AA Train	0	60	0		\$	506	\$	2,728	\$	2,786			
TGIF	0	200	200	TOTAL CONTRIBUTIONS	\$	3,063	\$	44,232	\$	51,863			
Young At Heart	0	100	0	SALES:	\$	5,508	\$	62,343	\$	49,694			
Women's Step By Step	0	22	0	TOTAL INCOME	\$	8,571	\$	106,575	\$	101,557	Group Contributions	Yea	r to Date
LK WORTH/LANTANA													
11th Step Group	0			EXPENSES:									
Cardinal Lane	0				\$	3,341	\$	40,857	\$	34,292	This report, through the	end	of the 3rd
Lake Worth Serenity	0	0	_	•	\$	2,867	\$	24,642		16,937	quarter of '08, allows gro		
LW Tues BBSS	0	0		·, ·, ·	\$	4,140	\$	37,272		37,486	contributions vs. the sar	ne p	eriod in '07.
Lantana Group	0	52		SCAAN Printing	\$	558	\$	4,070		3,723	Total group contribution		
Right to Sobriety	0	0			\$	10,906	\$	106,841	\$	92,438	months are down \$6,16		
Serenity On The Beach	160	480	480								13.3% versus y	ear a	go.
Sunny Isles	0	1,050	850	NET INCOME:	\$	(2,335)	\$	(266)	\$	10,082			

SCAAN November 2008 5

#### <u>Intergroup Minutes</u> - September24, 2008

<u>Chairperson:</u> Al A. opened meeting with moment of silence followed by the Serenity Prayer. Holiday Alcathon time slots were randomly chosen by Reps; Al stated Nov. 21 Gratitude Dinner tables were made available to all groups wanting to purchase one. He announced the Holiday Open House on Nov. 8 from 10 am-2 pm at the Intergroup office; food, sales, fellowship and special Dr. Bob plant clipping raffle included.

Welcome New Group Rep's: Donald K. - All Aboard; Devon L. - Saturday Beginners' Meeting; Justin B. - Boynton Beach Men's Group; Yolanda Y. - DATA; Travis A. - Open Your Heart; Rose (Alt) - Living Sober Women; Michelle R. - Downtown Delray.

<u>Vice Chair</u>: Ray D. announced a Traditions 7, 8, 9 Workshop Sept. 27 from 2-4 pm at Central House. Foursome opportunities are available for Oct. 12 Serenity Scramble; hole sponsorships (suggested donation \$100) and prize donations of gift cards, new items or cash are welcome. Large color TV worth over \$500 to be raffled.

Treasurer: Ed T. announced August group contributions were \$3,472 (\$37,809 YTD); total contributions \$3,686 (\$41,133 YTD); total sales \$7,593 (\$56,836 YTD); and total income \$11,279 (\$97,969 YTD). Expenses were \$12,637 (\$98,058 YTD), leaving a loss of \$1,358 (\$89 YTD). Balances are \$11,932.50 for the Gratitude Dinner (\$3,307.50 paid to the Embassy Suites, with additional expenses TBD) and \$2,186.46 for the Serenity Scramble.

Office Manager: Pam T. Please see SCAAN for report.

Archives: No report.

**Bridge the Gap**: Tyler F. announced a co-chair, is looking to establish a committee, and will review guidelines. He reported communicating with an incarcerated man who has 5 years of sobriety.

General Service: John E. apologized for missing Sept. 14 District 8 business meeting. The Oct. 12 elections meeting will start at 5 pm, with no GSR/DCM sharing. John offered agendas for the next Area 15 Quarterly Business Meeting (which includes Area elections) Oct. 17-19 in Tampa. Alt. Chair has obtained rates for hosting Area Quarterlies July 2009 through July 2011; Registrar is looking for Reps from Midday Miracles Group or Old Time Recovery Group; and John has a new email address for the Recording Secretary. Per North County Intergroup Liaison, Big Book Ball is Oct. 25 at 7 pm at Triangle Club; admission is \$10 or one soft covered Big Book. Live band, silent auction, costume contest, food and fellowship, with donations welcome for silent auction. Work continues on ad hoc committees for district inventory and relocating district meeting site.

**Group Information**: Pat C. displayed a new group information packet containing the AA Group, Self Support and 12 Traditions packets; Group History form; contribution percentages; the Traditions Checklist; a call report sheet; and revised version of "What is Intergroup?" Committee has emphasized organization, placing groups in 3 categories for targeting. Next meeting - 11 am on Oct. 4 at Intergroup office - all are welcome.

<u>Hospitals & Institutions</u>: Ken F. announced the Orchid facility coordinator position is open and one slot is available for the 3<sup>rd</sup> Sat. each month at 7 pm. Zach was appointed Vice Chair and packet assembled by Steering Committee was reviewed at Sep. 20 H&I meeting. H&I has begun contacting all coordinators, distributing chair lists, establishing rotation and reviewing literature offerings at designated institutions.

<u>Public Information</u>: Bill J. reported one inquiry from Lynn Univ., which he referred online.

**SCAAN**: Lucas C. reported the current issue features new logo and formatting. He expressed interest in stepping down from his position given other commitments; Rose responded to Lucas' request for possible candidates and will speak to him further. Lucas agreed to serve until a new editor is elected.

**Special Events**: Rob A. stated he will speak with former chair Lucas C. and welcomes all suggestions.

<u>Telephone Relay</u>: Mariel H. announced the month had been smooth. She has a co-chair and is working on a Hurricane Relief Plan. The phone is booked through March (see SCAAN listing).

#### **Intergroup Minutes** (continued)

Marielle will consult phone booklet for transfer instructions; if unable to decipher after meeting, she or Meg will take the phone to AT&T this week

<u>Where and When</u>: Joe P. pointed to the recently printed blue versions. He requested that additions or changes be emailed to Pam at info@aainpalmbeach.com.

Old Business: None.

New Business: None.

Meeting adjourned at 7:44 pm with the Lord's Prayer.

In Love and Service, Liz S.

#### Office Manager Report - September 24, 2008

Well, I'm probably across the continent in Edmonton, Alberta by now. It is an honor to represent our local Alcoholics Anonymous service center, and I thank you for this opportunity to work and serve our AA community. Everything is going very well at Intergroup. Our Activity Log for August is as follows:

Office Activity Type	Total	Avg./Day
Calls into Office	540	21.6
Call to Relay Phone*	240	8.0
Visitors to Intergroup	327	13.1
July Sales	312	12.5
12 Step Referrals	8	-
1st Calls to AA**	22	-
TOT JULY ACTIVITY	1,449	56.4

\*Nights & Weekends \*\*Office Volunteers

As you may notice, August calls were lower than usual - which seems to be typical for this time of the year. This log reflects total activity and interaction with your local AA Service Office (excluding web activity, reported below). The after hours calls to our Relay Phone are not categorized as to type of call. The "1st call to AA" is often a 12th Step call handled by an office volunteer.

See you next month! In love and service, Pam T.

# Intergroup's Website Helps Alcoholics

Intergroup's web site delivers! There were 2,254 visits to <a href="https://www.aainpalmbeach.org">www.aainpalmbeach.org</a> in the 30 days ending Sept. 26. These visits generated 6,437 page views (primarily meeting schedules), with 2.86 pages/visit. Visitors spent an average of about 2:30 minutes on the site. Importantly, 64% of the visits were new. Visits/day ranged from 50 to100+. The site had visitors from 14 countries, although 99% were from the U.S. These web statistics will become an ongoing part of SCANN reporting.

Thanks to Drew M, Intergroup's Webmaster, and also to John E. who updates online meeting lists monthly. *By phone, online, and in person - whenever a person reaches out, - AA is there!* 

# **Serenity Scramble A Success!**

Sunday Oct. 12<sup>th</sup> over 80 golfers and volunteers gathered for a day of golf, fellowship, fun and sun. The top flight winning team was John D, Todd T, Joe M, and Marshal S. Golfers also participated in a merchandise raffle of donated prizes including a 32" HDTV, a pair of Dolphin Tickets, and many other great prizes. Thanks also to the Hole sponsors, who included:

Boynton Beach Group Steps & Traditions (St. Joan) Boca Men's Women in Recovery Sunrise Beach Meeting Saturday Evening Post Wine Into Water Principles In Practice Boca Pines Club Sobriety on Sunday Friday Night Special Dr. Bob & Bill Wilson To Thine Own Self Be True

The real winners are Alcoholics in South Palm Beach County since Intergroup benefits from the proceeds of this fund raiser. A special thanks to Rick G., former Intergroup Chairperson, who chaired the Scramble committee. Thanks also to the volunteers for their service before and during the Scramble, and also to several anonymous donors.

SCAAN November 2008

#### Upcoming Events

#### **South Palm Beach County Intergroup**

Nov. 8	Intergroup Open House - 10-2 p.m Snacks served, stocked for the holidays (see pg. 2).
Nov. 21	20 <sup>th</sup> Annual Intergroup Gratitude Dinner for
	SPBC Intergroup. Embassy Suites Hotel, Boca Raton. Sold out.
D 04	
Dec. 24-	South Palm Beach County Alcathon - Sponsored
25	by Intergroup & hosted by Delray Central House.
Dec. 31-	South Palm Beach County Alcathon - Sponsored
Jan 1	by Intergroup & hosted by Delray Central House.

#### **SPBC Intergroup Business Meetings**

SPBC Intergroup Business Meetings @ 7 p.m. last Wed. of each month - Delray Central House: Nov. 26th; no Dec. meeting (see minutes); Jan. 28th.

SPBC H&I Committee Meetings @ 2:00 p.m. third Saturday of each month at the Intergroup Office: Nov. 15th; Dec. 20th; Jan. 17<sup>th</sup>

SPBC Intergroup Steering Committee meets @ 12:30 p.m. the second Sat. of each month at the Intergroup Office: Nov. 1<sup>st</sup> (due to Holiday Open House); Dec. 13<sup>th</sup>; Jan. 10<sup>th</sup>.

#### **District 8 General Service Business Meeting**

District 8 General Service meets at the Triangle Club, West Palm Beach. GSR / DCM sharing @ 5 p.m. and District Business meetings @ 5:45 p.m. on Sundays: Nov. 9th; Dec. 14th.; Jan. 11th.

#### Southeast Regional Forum with General Service

The Southeast Regional Forum will be held at the Crown Plaza Knoxville, TN (865.522.2600) from November 21-23. This Forum is put on by the A.A. General Service Board and is open to A.A. members and anyone interested in A.A. These forums originated in 1975 and are designed to enhance communication and participation among A.A. members, the General Service Board and staff, and directors from the GSO and A.A. Grapevine. There is NO registration fee. For additional info, contact GSO @ 212.870.3120 or go to GSO's web site at www.aa.org, or contact the SPBC Intergroup office.

The Other Events listed below are presented solely as a service to SCANN readers, not as an endorsement by South Palm Beach County Intergroup.

#### **Other Events**

Dec 13	Traditions Workshop - Delray Central House -						
	2-4 p.m. Traditions 10, 11, & 12. Three						
	speakers & sharing. Refreshments served.						
Feb 12-	45 <sup>th</sup> Annual Women's Conference - Salt Lake						

15 City, Utah. Info, flyers & register online: www.internationalwomensconference.org.

#### **Telephone Relay Group Commitments**

Living In Sobriety Boca Raton Speaker Group **Delray Central House** Men on Track

November December January February

#### Intergroup Still Seeking **South County Group Histories**

As of October 15th, only 31 out of 137 Groups have completed their Group histories. This form is available in the Intergroup Office, through your Intergroup rep, and online at www.aainpalmbeach.org. Whether you are a new group, an old group, a re-named group, or a branch off another group. . . please ask the old-timers / original members to assist. Everything they remember is of interest to our Archives. Please discuss at your next business meeting.

#### South Palm Beach County Intergroup Assn. Inc.

2905 South Federal Highway - Building C, Suite 15-16 Delray Beach, FL 33483

#### 24-Hour Phone: 561.276.4581

Email: southcountyaa@bellsouth.net Web site: www.aainpalmbeach.org

#### **Office Hours**

Monday - Friday: 9 a.m. - 5 p.m. Saturday: 10 a.m. - 3 p.m.

Literature, Medallions, Chips, Meeting Lists, Cards, and Gifts Officers & Steering Committee

Chairperson	Al A.
Vice Chair	Ray D.
Treasurer	Ed T.
Secretary	Liz S.
Office Manager	Pam T.
Committee Chairs	
Archives	Pam T.
Bridge the Gap	Tyler F.
General Services Liaison	John E.
Group Information	Pat C.
Hospitals & Institutions	Ken F.
Public Information	Bill J.
SCANN	Lucas P.C.
Special Events	Rob A.
Telephone Relay	Mariel H.
Webmaster	Drew M.
Where & When	Joe P.
Intergroup Gratitude Dinner	John S.
Serenity Scramble	Rick G.

#### **Meeting Corrections & Updates**

We apologize that the Page 112 @ 12 Group was not included in our last Where & When. The Page 112 Group meets Monday night at Midnight (aka 12:00 a.m. Tuesdays) at 316 SE 3<sup>rd</sup> Avenue, Delray Beach.

#### **Birthday Club**

Linda P	10/28/1977	31 Yrs	Friendship Group, W Boca
Sally C	7/27/1982		Inner Voice Candlelight
Marc G	10/13/1994	14 Yrs	Inside Out Group
Ron P	10/12/2004	4 Yrs	One Day At A Time

If you, <i>or your Group</i> , is celebrating an AA Anniversary and would like to be
added to the list of celebrants, clip and mail this to Intergroup with a
suggested donation of \$1 for each year of sobriety. This money is used to
carry the message to all alcoholics in South Palm Beach County.

carry the message to all aconolics in South Faim Beach County.
Name:
Address:
Home Group:
Sobriety Date: Donation:
Mail to:

South Palm Beach County Intergroup 2905 South Federal Highway - Building C - Suite 15 Delray Beach, FL 33483

# Introducing Your South Palm Beach County Intergroup

Office open 9 a.m. - 5 p.m. Monday - Friday; and. 10 a.m. - 3 p.m. Saturdays

24-Hour Phone: 561.276.4581 ● 2905 South Federal Highway – Building C, Suite 15 ● www.aainpalmbeach.org ● email: southcountyaa@bellsouth.net

#### **FAST FACTS**

- Serving Alcoholics 24-hours a day, 365 days a year!
- Trusted servants volunteer for 12-Step calls helping those who ask for help.
- Serves 137 Groups in Boca Raton, Boynton Beach,
   Delray Beach, and Lantana representing 260 meetings a week (as of September '08).
- Takes AA meetings into Hospitals and Institutions through an H&I Committee and many volunteers.
- Maintains AA meeting schedules published online / in print ("Where & When").
- Maintains inventory of AA literature, pamphlets, medallions, plus other items.
- Publishes monthly newsletter (SCAAN).
- Coordinates two 36-hour Alcathons, supported by many groups.

**Intergroup Committees** 

Archives
Bridge the Gap
Gen. Svc. Liaison
Group Information
H & I
Public Information
SCAAN
Special Events
Telephone Relay
Where & When
Gratitude Dinner
Serenity Scramble



#### "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

The Responsibility Declaration was written by Al S., a former Grapevine editor and trustee of Alcoholics Anonymous for the 1965 International Convention held in Toronto. Bill W. expanded on the theme in an essay called "*Responsibility Is Our Theme*" for the July 1965 Grapevine. It became a regular feature of the Grapevine shortly thereafter. (Reprinted with permission from The Grapevine)

# What is an Intergroup Office?

"An A.A. service office involves partnership among groups in a community - just as AA groups themselves are partnerships of individuals. An Intergroup office exists to carry out certain functions common to all groups functions which are best handled by a centralized office - and it is usually maintained. supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the AA message to the alcoholic who still suffers." (Reprinted from "A.A. Guidelines for Central or Intergroup Offices" with permission of A.A. World Services, Inc.)

South Palm Beach County Intergroup Association Inc. (SPBCI) was established in 1984, when the growth of AA in Palm Beach County led to the splitting of Palm Beach into 2 offices (North and South County). SPBCI has maintained the same 24-hour help line for its 24-year history.

SPBCI is maintained by trusted servants. Intergroup Reps are elected by each Group that wants to be involved. Reps elect a Steering Committee of 4 individuals who serve 2-year terms, and 13 Committee Chairs who serve 1-year

terms. These trusted servants serve, they do not govern.
Major decisions are supported by the collective conscience of groups who participate in monthly business meetings.

In addition, there is a paid Office Manager, and paid part-time workers.

The Intergroup Office in South Palm Beach County is your office! Stop in and familiarize yourself with this incredible resource that supports all of our groups! Find out about all the volunteer opportunities that allow you to give back by getting into service.

## How does my Group, or how do I, get involved?

Most Groups in South Palm Beach County choose to be part of the Unity of AA (part of AA's Three Legacies of Recovery, Unity, and Service). They elect an Intergroup Rep and support Intergroup in other ways. The Rep attends monthly business Meetings representing their group's conscience. Reps keep their group informed of issues, opportunities, and events. Each Rep carries back to Intergroup their group conscience; and makes motions for Intergroup to consider.

An Intergroup Rep, if qualified, may choose to stand for a Committee Chair position or as a member of the fourperson Steering Committee.

Any Alcoholic in Palm Beach

County, even if their Group is not active, can attend the monthly business meetings as well as volunteering to serve on any of the 13 current Committees.

Your Intergroup is supported by a cadre of able, willing and caring volunteers who work in the Intergroup office or serve in other ways.

Responsibilities in the Intergroup office include: answering telephones; directing callers to meetings; identifying 12-step needs; stocking inventory; and assisting in the sales of literature, medallions, and other items. Interested AAs simply need to call or stop in at the Intergroup Office to discuss their interest and availability. Volunteer slots open up throughout the year.

You can also be a 12-Step volunteer, if qualified.

Volunteers also serve on one of the Intergroup committees, including: Group Information; Hospitals & Institutions; Public Information; Special Events; the SCAAN newsletter; Bridge the Gap; Telephone Relay (after-hour phone coverage handled by a monthly commitment by a group); Archives; and Where & When (meeting schedules); and, The Serenity Scramble. If interested in supporting a committee, simply come to a monthly business meeting and speak to the committee chair. Business meetings are scheduled on the last Wednesday of each month at Delray Central House at 7 p.m.

# **South Palm Beach County Intergroup**

(continued)

Office open 9 a.m. - 5 p.m. Monday - Friday, and, 10 a.m. -3 p.m. Saturdays

### "The Worth Of Sobriety"



We Cannot Skimp!

From "Self Support:
Where Money &
Spirituality Mix," (reprinted
with permission from A.A. World
Services).

"With the realization that AA must steer clear of outside contributions in order to maintain its autonomy and independence came the understanding that the money necessary for AA's survival would have to come from individual AA members and groups. As Bill W. put it in 1957, 'Our spiritual way of life is safe for future generations if, as a Society, we resist the temptation to receive money from the outside world. But this leaves us with a responsibility that every AA member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and AA as a whole will not function unless our services are sufficient and our bills are paid."

"To be self-supporting through my own contributions was never a strong characteristic during my days as a practicing alcoholic. The giving of time or money always demanded a price tag.

As a newcomer I was told 'we have to give it away in order to keep it.' As I began to adopt the principles of Alcoholics Anonymous in my life, I soon found it was a privilege to give to the Fellowship as an expression of the gratitude I felt in my hear?"

(Daily Reflections, page 217)

# **How is Intergroup Funded?**

South Palm Beach County Intergroup receives majority of its operating funds from group contributions. Other funding is derived from: personal contributions and the Birthday Club; proceeds from annual Intergroup Gratitude Dinner, now in its 20<sup>th</sup> year; the annual Serenity Scramble golf tournament; other events and activities sponsored either by Intergroup or local Groups who choose to have events to raise funds for Intergroup.

The number of Groups and absolute number of AAs has dramatically increased in the

past five years in South Palm Beach County, in part due to the continued growth in the number of treatment facilities and halfway houses. The cost to support our groups continues to grow and we are grateful for the continued financial support.

#### How are groups informed of Intergroup's finances?

The Treasurer's report, with full disclosure of income including group contributions and expenses, is printed in the SCAAN and distributed at monthly business meetings. It is also available at your Intergroup office.

# Where / when are the monthly business meetings?

SPBCI business meetings are held on the last Wednesday of each month at 7 p.m. We meet at Delray Central House located at 2170 W. Atlantic Ave., Delray Beach (SW corner of Atlantic & Congress - enter from the alley behind the mall).

Officers, Committee Chairs, and the Office Manager present their reports. The issues and opportunities facing groups in South Palm Beach County are discussed. All Alcoholics are welcome to attend.

## How much to contribute to Intergroup & when?

Suggested guidelines are presented in "Self Support: Where Money & Spirituality Mix," and reprinted with permission from AA World Services Inc.

"To help support AA's essential the services. General Service Conference suggests, that groups through an informed group conscience, 'adopt a specific contribution plan tailor made to meet the group's financial situation. Once the basic group's expenses have been taken care of (rent, refreshments, AA literature, local meeting lists), and a 'prudent reserve' has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to

following AA service entities. Here is an example of Group Contributions to AA service entities:"

- 50% to Intergroup
- 30% to General Service
- 10% to the Area
- 10% to the District.

These are only guidelines. Some groups choose to give more . . . or less to Intergroup.

#### When Should We Contribute?

Some groups prefer contribute every month, since Intergroup has monthly expenses to pay. Other groups prefer a quarterly system. In general, a monthly contribution system seems to be the most popular and responsible method. It is again a matter of group conscience. New group Treasurers can call Intergroup with questions, or for group contribution histories.

# What if my group doesn't have a lot of money?

No contribution toward carrying the message can be too small. Bill W. spoke about our "collective obligation" to support AA services, and if everyone waited until they had a "sizeable amount, it's more than likely that AA's bills would go unpaid."

#### What's the Birthday Club?

The Birthday Club is a way for individual AA members, or a Group, to support Intergroup by contributing each year on their sobriety anniversary, or anniversary of the founding of their group.. \$1 for each year of sobriety is suggested, and is recognized in the SCAAN.