

**WHAT IS AN "ENTIRE PSYCHIC CHANGE"?  
WHAT IS A "SPIRITUAL AWAKENING" OR A "SPIRITUAL EXPERIENCE"?**

What is the Solution to Alcoholism? Dr. Silkworth stated that the chronic alcoholic must "experience an entire psychic change" if he is to survive this fatal malady. (AA, pg. xxvii). And he further stated, "One feels that something more than human power is needed to produce the essential psychic change" (AA, pg. xxvii). Something more than human power must indicate the need for a Higher Power. Yep, that does make sense.

Then Bill W., writing for the 1st 100, wrote, "*There is a Solution.*" What is it? "The great fact is just this and nothing less: That we have had deep and effective spiritual experiences which have revolutionized our whole attitude toward life, toward our fellows and toward God's universe. The central fact of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do by ourselves."(AA, pg. 25) (A self-help program? Of course not! It is a God Help Program.)

The (\*) asks us to go to page 569 to learn the difference between a "spiritual experience" and a "spiritual awakening" and from there we learn that the only difference is in the time it takes for us to have that personality change from a selfish, self-seeking individual to a selfless, loving and giving person. A "spiritual experience" is sudden as was experienced by Bill W. in Townes Hospital. The "spiritual awakening" comes about over a period of time as was the case with Dr. Bob.

So how do we know if we have had this "deep and effective spiritual experience"? They tell us on page 83 & 84 where they report that: When they had been painstaking in following the clear-cut directions for taking the first nine of the Twelve Steps of Alcoholics Anonymous, they were amazed. (A Promise)

- They knew a new freedom and a new happiness. (Promise)
- They didn't regret the past nor wish to shut the door on it. (Promise)
- They comprehended the word serenity and they knew peace. (Promise)
- No matter how far down the scale they had gone, they saw how their experience could benefit others. (Promise)
- That feeling of uselessness and self-pity disappeared. (Promise)
- They lost interest in selfish things and gained interest in their fellows. (Promise)
- Self-seeking slipped away. (Promise)
- Their whole attitude and outlook on life changed. (Promise)
- Fear of people and financial insecurity left them. (Promise)
- They intuitively knew how to handle situations that used to baffle them. (Promise)
- They suddenly realized that God was doing for them what they could not do for themselves. (Promise)

These Promises came true for everyone of them when they took the action required by the Twelve Steps and learned to apply (work) them in their lives, one day at a time. (Promise) Why is it so important that we have this spiritual event occur in our lives? Well Dr. Silkworth said that "we drink essentially because we like the effect produced by alcohol". What is the effect an alcoholic gets from drinking? When we alcoholics had a few drinks, we were amazed at the change in the way we thought and the way we felt. A few drinks produced an "entire psychic change".

*Continued on pg.3.....*

**The Step & The Promise****Step Nine**

"Made direct amends to such people whenever possible except when to do so would injure them or others."

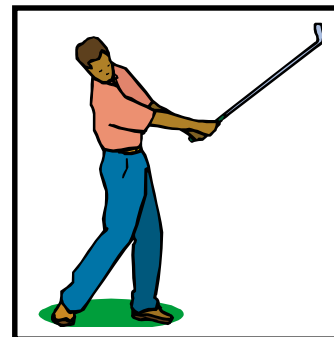
**The Promise**

"Fear of people and of economic insecurity will leave us."



## The 2<sup>nd</sup> Annual Serenity Golf Scramble

It's that time again. Plenty of great fun, fellowship and golf coming up at the 2<sup>nd</sup> Annual Serenity Golf Scramble at the Lake Worth Golf Club on October 16<sup>th</sup>. Last year's event was a big success raising close to \$2,500 in well need funds for Intergroup's Prudent Reserve. This year is expected to be an even greater success. Sign-up a group today or if you are an individual, we'll be happy to match you up with a group. We also need volunteers and people to donate prizes. If you would like to play, volunteer or donate any products or services, please call the Intergroup Office at (561) 276-4581. Thank you for your support, your efforts insure that we have valuable services in the area that help those that still suffer.



### *1<sup>st</sup> Annual Gratitude Night Of The Five Or More Group - Back To Basics With Chris R.*

Come join several hundred of your closest AA friends with nationally renowned speaker Chris R. Chris comes to us from a small town in Ingram, Texas. He has been speaking to groups all over the country for many years and brings to us a strong message of hope for the newcomer and a very passionate message for all. Come hear the message as it was originally laid out by the founders of Alcoholics Anonymous.



Pot Luck Dinner (Everyone is invited free of charge)  
Sat. November 12, 2005 Zion Lutheran Church, Deerfield Beach  
6:00 Coffee Hour ~ 6:30 Dinner ~ 8:30 Chris R.  
Please RSVP for head count: [rsvpchrisr@atlanticcq.com](mailto:rsvpchrisr@atlanticcq.com)



### **Group Information Needs Your Help!**

The Group Information Committee was formed a couple of years ago to help educate groups on the importance of South Palm Beach County Intergroup to our local community and why we need to be diligent in maintaining it. Intergroup is critical to helping the alcoholic who suffers in our area.

Intergroup maintains the AA hotline in our area, creates and distributes meeting schedules, facilitates meetings in hospitals and institutions, organizes twelve step work, produces a monthly newsletter and website and carries an inventory of literature for the convenience of our members and groups.

Ponder this for a moment. How would you find a meeting if there were no meeting schedules or no Intergroup to call? Would you go by word of mouth (one friend telling another)? You could do this, but it would be highly inefficient and you would have no where near the number of convenient meetings we have today. Do you ever travel out of town and call the local Intergroup at your destination to find a meeting? What if there was no office to call and you didn't know anyone in that region? Sometimes we take these services for granted and assume they will be supported regardless of whether we help out or not. The simple truth is that we all need to pitch in to make this work. Intergroup has only one paid employee and all other services are carried out by volunteers who are very grateful for their sobriety.

We need a number of volunteers to work on the Group Information Committee. Preferably, we would like to have people who are located around South Palm Beach County who can go to various meetings in their areas of Lake Worth, Lantana, Boynton, Delray, East Boca and West Boca and educate groups on what Intergroup is, why it is important and why it is essential to support Intergroup with donations and service.

Intergroup is primarily supported by the contributions of a small proportion of dedicated groups. Granted some groups may not have the financial means to make donations, but others do and we need to provide the proper awareness and education to those unknowing. We will provide all you need to know, we just need those willing to help this great initiative. For more information on how you can help out, please contact the Intergroup Office at (561) 276-4581.

*Continued from pg. 1.....*

Let's go to page 83 in the Big Book and examine the Ninth Step Promises by beginning each promise with, "In the early days of my drinking, when I had a few drinks.....".

When I had a few drinks, I knew a new freedom and a new happiness.  
Did you? (I sure did)

When I had a few drinks, I didn't regret the past nor wish to shut the door on it.  
Did you ever come out of a blackout in a place you hadn't planned on visiting with people you hadn't planned on being with and learned you had done some things you sure wish you hadn't done? Because of the guilt and remorse, it was to be a secret?  
Then go into a bar and have a few drinks and tell some stranger the whole story? (I certainly did)

When I had a few drinks, I comprehended the word serenity and I knew peace.  
Did you too find that serenity and peace of mind replaced the turmoil with a few drinks? (Oh yeah)

When I had a few drinks, I didn't regret the past nor wish to shut the door on it.  
How willing were you to share your life's story with a poor drunk who had just had a really bad experience? (Loved to talk about how bad my life was)

When I had a few drinks, that feeling of uselessness and self-pity would disappear.  
With a few drinks, did you feel that you just might really have a purpose in this world and feel sorry for those critters that didn't have what you had although you just weren't too sure what it was you had? (Almost every time)

When I had a few drinks, I lost interest in selfish things and gained interest in my fellows.  
Did a few drinks make you a little more interested in people, especially of the opposite sex. (Can I buy you a drink honey?)

When I had a few drinks, self-seeking slipped away.  
Did a few drinks make you somewhat generous? (Drinks for everyone!)

When I had a few drinks, my whole attitude and outlook upon life changed.  
Did a few drinks take you from a gray, gloomy day to one that was bright and hopeful? (From shxxxxty brown to rosy pink with just a couple)

When I had a few drinks, fear of people and financial insecurity left me.  
Did you enjoy being in the company of people sober? (Leave me alone!)  
Did a few drinks diminish your concern for your financial difficulties? (How the hell am I going to pay all these bills? Think I better have couple of drinks.)

When I had a few drinks, I intuitively knew how to handle situations that used to baffle me. Did you too find that you were able to think much more clearly and wisely with a few drinks? (You bet! I had answers to question that hadn't been asked.)

Well, we normally won't suddenly come to realize that alcohol was doing for us what we could not do for ourselves. We won't suddenly come to realize that alcohol was really our solution for living. But as we learn to apply our Program to our lives, that fact becomes very clear. Drinking alcohol produced that "entire psychic change" that made us feel a part of rather than apart from. It gave us the confidence to be and do what we otherwise could not be or do. It was our solution for living.

Unfortunately, our mind will always be able to remember that sense of ease and comfort (entire psychic change) that comes at once by taking a few drinks. It will insist that it be treated to those promises that come with a few drinks or the Promises that come by taking our Twelve Steps. That is precisely why the Big Book was written and published. To give us the clear-cut directions for taking the actions that will produce the needed personality change so we may live with a deadly condition of mind and body and do it very comfortably. And that, of course, is the Promise of the Twelve Steps, "Having had a spiritual awakening/experience, entire psychic change, as the result of these Steps...."

How many PTA Meetings must a person attend to become a parent? How many Alcoholics Anonymous Meetings must an alcoholic attend to become a recovered alcoholic? Neither of these events can possibly take place by going to meetings. They can only occur when the person has taken the appropriate action. Following a precise course of action is necessary to become a parent and then they can go to PTA meetings with a purpose. Following a precise course of action is necessary to become a recovered alcoholic and then we will have something worthwhile to contribute to the meetings.

So when should a chronic alcoholic take the prescribed course of action (Take these Steps) to produce the spiritual experience/awakening so they will recover from that seemingly hopeless condition of mind and body? The alcoholics who participated in writing the Basic Text for Alcoholics Anonymous, which is titled, Alcoholics Anonymous, took that action within a few days following their last drunk. When that was the common practice within our Fellowship, a very high percentage of alcoholics recovered. Today, that is not the case. The newcomer is encouraged to go to meetings and listen to people suffering from untreated alcoholism talk about their problems, ideas, opinions or their way of working a program. Today, many of our meetings have developed into death-traps for the newcomer and for the groups that conduct meetings that ignore the Twelve Steps of Alcoholics Anonymous and the Twelve Traditions of Alcoholics Anonymous.

This is a deadly serious matter; recovery from alcoholism, that is. It is accomplished by taking the Twelve Steps of Alcoholics Anonymous, not talking about them. When we have had a spiritual awakening, we have entered the world of the Spirit. Our next function is to grow spiritually. We do this through working Steps Ten, Eleven and Twelve all day, every day.

## INTERGROUP OFFICERS & COMMITTEES

Chairperson, Rick G.  
 Vice Chair, Diane S.  
 Treasurer, Dan D.  
 Secretary, Alex K.  
 Office Manager, Pam T.  
 General Service Liaison, Jim M.  
 Group Information, Myles S.  
 Institutions, Charlie O.  
 Intergroup Dinner, Stephan C.  
 Public Information, Tyler F.  
 SCAAN/Website, David R.  
 Speaker Exchange, OPEN  
 Special Events, Tara H. & John W.  
 Special Needs, Nancey P.  
 Telephone Relay, Albert M.  
 Where & When, Al A.

### MARK YOUR CALENDARS

Sept 1 - 4	I CYPAA48 'Raise the Bottom' Young People in Alcoholics Anonymous New Orleans - Sheraton Hotel Information: <a href="http://www.icypaa48.org">www.icypaa48.org</a>
Sept 2 - 5	19 <sup>th</sup> Annual Tampa Bay Fall Roundup Information - 813-998-2213
Sept 5	Third Tradition Motorcycle Fellowship Labor Day Picnic - John Prince Park 561-540-8114 or 561-969-7169
Sept 11	District 8 General Service Meeting Triangle Club, WPB at 5:00 pm
Sept 28	<b>INTERGROUP MEETING</b> Central House 7:00 pm H & I Meets at 6:30 pm
Oct 16	South Palm Beach County Intergroup <b>2<sup>nd</sup> Annual SERENITY SCRAMBLE</b> Tickets at the Intergroup Office
Oct 20 - 23	61 <sup>st</sup> Southeastern Conference Atlanta, GA - <a href="http://www.aageorgia.org">www.aageorgia.org</a>
Oct 28 - 30	6 <sup>th</sup> West Coast Sponsorship Weekend Holiday Inn Riverfront, Bradenton, FL Dick L. 941-922-5226
Oct 28	Naples Area Intergroup Gratitude Dinner 239-262-6535
Oct 29	Big Book Ball (Costume)Lake Worth Casino 'Lite fair' and Dancing until Midnight Tickets - 561-307-0774
Oct 30 - Nov 6	Gratitude Cruise - Mariner of the Seas <a href="mailto:Cruise@sobercelebrations.com">Cruise@sobercelebrations.com</a>
Nov 12	1 <sup>st</sup> Annual Gratitude Dinner of the Five or More Group, Deerfield Beach **Nationally Renowned speaker Chris R.** Pot Luck - <a href="mailto:rsvpchrisr@atlanticca.com">rsvpchrisr@atlanticca.com</a>
Nov 18	South Palm Beach County Intergroup <b>GRATITUDE DINNER</b> Tickets - call Randy 561-306-4425



## BIRTHDAY CLUB



~~~~~ JULY ~~~~~  
 Sally C. ~ Inner Voice ~ 23 yrs

~~~~~ AUGUST ~~~~~  
 Hollie A. ~ Spiritual Awakenings ~ 3 yrs  
 Dorothy T. ~ Women in Recovey ~ 18 yrs  
 Jeri V. ~ Westside Delray ~ 16 yrs  
 Dan D. ~ Sobriety On Sunday ~ 8 yrs  
 Mary McF. ~ Happy Hour ~ 10 yrs  
 Eric N. ~ Spiritual Awakenings ~ 17 yrs  
 Steven T. ~ Central House ~ 15 yrs  
 Rose S. ~ Women in Sobriety ~ 31 yrs

~~~~~ SEPTEMBER ~~~~~  
 Al A. ~ Boynton Beach Grp ~ 28 yrs  
 Don B. ~ Boynton Beach Grp ~ 24 yrs  
 Betty M. H. ~ Central House ~ 21 yrs  
 Sharon K. ~ Road To Recovery ~ 11 yrs

### JOIN THE BIRTHDAY CLUB

If you or your group is celebrating an A.A. Anniversary and would like to be added to the list of celebrants, please mail the following information to the Intergroup Office with a suggested donation of \$1 for each year of sobriety. This money is used to carry the message to all alcoholics in South Palm Beach County.

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Home Group \_\_\_\_\_  
 Sobriety Date \_\_\_\_\_  
 Donation \$ \_\_\_\_\_

South Palm Beach County Intergroup  
 75 NE 6 Ave, Delray Beach, FL 33483

### OFFICE ACTIVITIES ~ JULY 2005

|                              |            |
|------------------------------|------------|
| ✓ First Call to AA           | 31         |
| ✓ 12-Step Calls              | 7          |
| ✓ Meeting Requests           | 262        |
| ✓ Sales                      | 199        |
| ✓ Intergroup Business        | 144        |
| ✓ Email Requests             | 51         |
| ✓ Other Calls                | 72         |
| ✓ <b>TOTAL JULY ACTIVITY</b> | <b>766</b> |

This does not include the Telephone Relay Calls after 5:00 pm and weekends.

**INTERGROUP OFFICE IS OPEN  
 SATURDAY FROM 10 AM TO 2 PM**

Literature, Medallions, Chips, Meeting Lists, etc.

**SOUTH PALM BEACH COUNTY INTERGROUP  
MINUTES & FINANCIAL REPORT ~ JULY 2005, YEAR-TO-DATE**

**INTERGROUP MINUTES – JULY 27, 2005**

**Chairperson: Rick G.** Opened the meeting with a moment of silence followed by the Serenity Prayer. The Twelve Traditions were read by Mike B. Rick announced the 2<sup>nd</sup> Annual Serenity Scramble will be held on October 16<sup>th</sup> at the Lake Worth Course. The June's minutes were approved. The following new reps introduced themselves: Megan from One Page At A Time, John from Road To Recovery, Calvin from Boynton Beach Men's and Jeff from Men On Track.

**Inventory Question:** While the least possible organization is our tradition, some are mandatory: are we structured correctly? (Ninth Tradition) No group comments. Rick reminded Rep's to take the 8<sup>th</sup> question back to their groups for discussion. #8 - Are we mindful of the committee system: that decisions affecting other groups or AA as a whole are not made in the dark or by a single individual? (Eleventh Concept; Seventh Warranty)

**Treasure: John S.** Reported this will be his last report as Treasure. The Contributions & Financials are in the SCAAN. Rick G. stated John was very helpful in getting Intergroup Inventory into Quickbooks, and thanked John for all his service.

**Office Manager: Rick G.** reported for Pam who is not feeling well. Rick thanked Henry for donating his carpentry skills for repairs to the Intergroup Office. Rick also reported that all Birthday Club contributions will go into the Prudent Reserve Account. The Prudent Reserve goal is \$20,000 (three months office expenses)

**General Service: Jim M.** Reported the International was a huge success & the 2010 will be in San Antonio, TX. 579 people registered for the Quarterly in St Pete's. To date \$19,000 has been collected for the 2003 Convention debt of \$29,000. The next quarterly, Oct 7-9 at the Weston Hotel in Ft Lauderdale.

**Group Information: Miles S.** Reported it is impossible to attend all meetings and asked for help in Boca, Boynton, Delray, Lake Worth and Lantana. He will have a flyer at the next meeting.

**Intergroup Gratitude Dinner: Randy** Reported tickets are now available. There are 51 tables with 10 people per table. Bear's are still needed for the Auction.

**Institutions: Charlie O.** Reported a balance of #351.27 as of today, thanked North County for a carton of Big Books, 33 meetings are brought into treatment facilities and one at Glades Correctional Institution per week.

**Public Information:** No Report.

**SCAAN / Web:** No Report.

**Speaker Exchange: Lisa P.** Reported she is unable to chair this position but will be able to assist. New speaker volunteers are needed, currently 26 men and 33 women are on the list.

**Special Events: Tara H.** Reported still unable to find a location for the Movie Night. Rick G. reported facilities are requesting Liability Insurance and Pam T. obtained special events coverage to our existing plan. Bill J. offered to contact the Boca Hospital and report back next month.

**Special Needs:** No report.

**Telephone Relay: Rick G.** Thanked Spiritual Awakenings for July and the phone will be passed to One Page At A Time for August.

**Where and When and Internet Liaison: Al A.** Reported if any changes need to be made, please call the Intergroup office or email changes directly to him.

**Old Business:** None.

**New Business: Rick G.** asked for volunteers for Treasurer and Speaker Exchange positions. Dan D. volunteered for Treasurer and gave a brief bio. **Motion was made, seconded and carried unanimously to accept Dan D. as Treasurer.** No Volunteers came forth for Speaker Exchange, please announce at your group.

**The meeting adjourned at 8:00 PM with the Lord's Prayer.**  
In Love and Service, Diane S.

| INCOME                                   | JULY            | YEAR-TO-DATE    |
|------------------------------------------|-----------------|-----------------|
| BIRTHDAY CLUB                            | 140             | 636             |
| GROUP CONTRIBUTIONS                      | 3,226           | 23,346          |
| LITERATURE/OTHER SALES                   | 3,497           | 27,047          |
| OLD TIMERS MEETING                       | 0               | 0               |
| ALCATHON                                 | 0               | 900             |
| SPECIAL EVENTS                           | 0               | 0               |
| <b>TOTAL INCOME</b>                      | <b>6,863</b>    | <b>51,929</b>   |
| <b>EXPENSES</b>                          |                 |                 |
| ADVERTISING                              | 0               | 0               |
| BANK SERVICE CHARGE                      | 16              | 96              |
| ELECTRIC                                 | 92              | 433             |
| EMPLOYEE EXPENSES                        | 2,765           | 18,974          |
| INSURANCE (LIABILITY)                    | 75              | 539             |
| LITERATURE (BOOKS, CHIPS, MEDALLIONS)    | 1,810           | 20,361          |
| OFFICE EXPENSES                          | 292             | 2,846           |
| OFFICE REPAIRS                           | 0               | 301             |
| PRINTING (SCAAN / WHERE & WHEN)          | 283             | 2187            |
| QUARTERLIES & MEETINGS                   | 0               | 169             |
| RENT                                     | 617             | 4,321           |
| TELEPHONE (OFFICE & CELL)                | 274             | 2,048           |
| SPECIAL EVENTS                           | 0               | 0               |
| <b>TOTAL EXPENSES</b>                    | <b>5,941</b>    | <b>51,993</b>   |
| <b>INCOME MINUS EXPENSES</b>             | <b>\$ 639</b>   | <b>(\$ 346)</b> |
| <b>PETTY CASH BALANCE 7/31/05</b>        |                 |                 |
|                                          | <b>\$ 150</b>   |                 |
| <b>PRUDENT RESERVE BALANCE 7/31/05</b>   |                 |                 |
|                                          | <b>\$ 6,000</b> |                 |
| <b>OPERATING ACCOUNT BALANCE 7/31/05</b> |                 |                 |
|                                          | <b>\$ 540</b>   |                 |
| <b>INVENTORY BALANCE</b>                 | <b>\$ 6,979</b> |                 |

**HOSPITAL & INSTITUTIONS**

|                        |                  |
|------------------------|------------------|
| <b>BALANCE 6/30/05</b> | <b>\$79.27</b>   |
| GROUP DONATIONS        | \$52.00          |
| INTERGROUP DONATION    | \$100.00         |
| PERSONAL DONATIONS     | \$120.00         |
| EXPENSES               | \$0.00           |
| <b>BALANCE 7/31/05</b> | <b>\$ 351.27</b> |

**THANK YOU - FOR ALL DONATIONS**

**SOUTH PALM BEACH COUNTY INTERGROUP ~ 2005 GROUP CONTRIBUTIONS**

|                            | Jul | YTD   |                              | Jul | YTD |                                | Jul            | YTD             |
|----------------------------|-----|-------|------------------------------|-----|-----|--------------------------------|----------------|-----------------|
| <b>BOCA RATON - EAST</b>   |     |       | <b>BOCA PINES (Cont.)</b>    |     |     | <b>CROSSROADS (Cont.)</b>      |                |                 |
| 1-2-3 Step                 | 0   | 502   | Steps On Sat                 | 0   | 20  | Second Chance Women            | 0              | 0               |
| Boca Friendly              | 0   | 450   | Sunday Morning Spiritual     | 122 | 257 | Serenity Hour                  | 462            | 1339            |
| Boca Men's Recovery        | 0   | 20    | Sunday Serenity Group        | 0   | 133 | Serenity On Saturday           | 13             | 63              |
| Boca Men's                 | 0   | 600   | Wed. Night Beginners         | 0   | 129 | Sober Solutions                | 0              | 0               |
| Boca Women's Group         | 0   | 15    | We're Just Beginners         | 30  | 120 | Sobriety In The Wind           | 243            | 644             |
| Break the Chains           | 0   | 0     | West Boca Serenity           | 0   | 0   | Step By Step                   | 0              | 0               |
| Easy Does It               | 0   | 145   | <b>BOCA RATON - WEST</b>     |     |     | TGIF                           | 100            | 200             |
| Happy Hour                 | 50  | 360   | 9th Chapter Group            | 0   | 0   | Young At Heart                 | 0              | 0               |
| Inner Voice Candlelight    | 0   | 0     | Boca Boyz                    | 47  | 298 | <b>LAKE WORTH / LANTANA</b>    |                |                 |
| Journey to Freedom         | 0   | 270   | Friendship                   | 50  | 400 | Good Guys Group                | 0              | 0               |
| Just For Now               | 180 | 1,211 | Sunday Night Speaker         | 0   | 0   | Cardinal Lane                  | 79             | 102             |
| Keep It Simple             | 0   | 50    | West Boca Big Book Study     | 0   | 50  | Lake Worth Serenity            | 0              | 0               |
| Living In Sobriety         | 0   | 100   | <b>BOYNTON BEACH</b>         |     |     | Lake Worth Tues Nite BBSS      | 100            | 100             |
| Men's Boca Central         | 395 | 595   | Boynton Beach Group          | 0   | 130 | Lantana Group                  | 0              | 114             |
| Men On-Track               | 180 | 1,320 | Boynton Beach Men's          | 0   | 0   | Recovery First                 | 0              | 0               |
| N Boca Steps & Traditions  | 0   | 429   | Delray Thurs BBSS Grp        | 15  | 60  | Serenity On The Beach          | 0              | 0               |
| Road To Recovery           | 0   | 40    | Downtown Group               | 57  | 261 | Sunny Isles                    | 0              | 0               |
| Saturday Night Live @ Five | 0   | 301   | Experience, Strength & Hope  | 0   | 0   | Women's Fourth Dimension       | 0              | 0               |
| Saturday with Bill W       | 0   | 200   | Friday Night Special         | 0   | 100 | <b>LAKE WORTH - OUR CLUB</b>   |                |                 |
| Steps&Traditions (St.Joan) | 0   | 0     | KISS Group                   | 0   | 0   | 11th Step Group                | 0              | 0               |
| We Agnostics               | 0   | 45    | Neighborhood Group           | 40  | 115 | Daily Dozens                   | 0              | 0               |
| We Believers               | 0   | 130   | Re-Entry Group               | 0   | 107 | Eye Openers                    | 0              | 0               |
| Women's Big Book Study     | 0   | 0     | Safe Harbor                  | 0   | 150 | Feelings Women's Grp           | 0              | 0               |
| Women Living Sober         | 0   | 0     | Sat. Boynton BBSS Group      | 0   | 100 | Friday Night Live              | 0              | 0               |
| <b>BOCA - LIONS CLUB</b>   |     |       | Saturday Evening Post        | 100 | 100 | Right to Sobriety              | 0              | 0               |
| Big Book Adventure         | 0   | 372   | We are Not Saints            | 119 | 424 | Sobriety & Thunder             | 0              | 0               |
| Boca AA Study              | 75  | 255   | West Boynton Group           | 0   | 0   | Steps to Freedom               | 0              | 0               |
| By The Book                | 0   | 0     | <b>DELRAY BEACH</b>          |     |     |                                |                |                 |
| Let's Do Lunch             | 0   | 0     | Beach Meeting                | 0   | 0   | Intergroup Meeting             | 53             | 332             |
| Lunch Bunch                | 108 | 752   | Bridge Back to Life          | 0   | 0   | Personal/ Anonymous            | 26             | 121             |
| SOS (10am)                 | 0   | 1,400 | Central House                | 0   | 800 | <b>Total Donations</b>         | <b>\$3,226</b> | <b>\$23,309</b> |
| Spiritual Awakenings       | 81  | 626   | Delray Step & Tradition      | 0   | 202 |                                |                |                 |
| Step Into The Solution     | 0   | 0     | Five Time Losers             | 150 | 250 |                                |                |                 |
| To Thine Own Self Be True  | 0   | 0     | Language Of The Heart        | 200 | 200 | <b>H&amp;I Contributions</b>   |                |                 |
| Today Not Tomorrow         | 0   | 100   | New Beginnings               | 0   | 0   | Boca AA Study Group            |                | 82              |
| Women In Recovery          | 0   | 222   | North Delray Steps & Trad    | 0   | 0   | Boca Men's Recovery            |                | 20              |
| <b>BOCA PINES CLUB</b>     |     |       | Oceanside Step Group         | 0   | 5   | Easy Does It, Boca             |                | 15              |
| 12 O'Clock High            | 50  | 350   | One Page at a Time           | 0   | 125 | Intergroup                     | 100            | 700             |
| Hardcore Sobriety          | 0   | 0     | Open Your Heart              | 0   | 0   | Lake Worth Serenity            |                | 20              |
| Just Do It                 | 0   | 25    | Pool Side Beach              | 0   | 0   | Personal/ Anonymous            | 120            | 1290            |
| Last Chance Group          | 0   | 0     | Sunrise Group                | 0   | 260 | Sobriety on Sunday             |                | 109             |
| Living Sober               | 0   | 0     | Westside Group               | 0   | 886 | Sunny Isles                    | 52             | 354             |
| Morning Medicine           | 0   | 150   | Wine Into Water              | 0   | 200 | Today Not Tomorrow             |                | 232             |
| Peace of Mind              | 0   | 125   | Womens BBSS                  | 0   | 0   | We Believers                   |                | 56              |
| Primary Purpose            | 0   | 50    | Young People w/ Solution     | 0   | 43  |                                |                |                 |
| Romance & Finance          | 0   | 170   | <b>CROSSROADS</b>            |     |     | <b>Total H&amp;I Donations</b> | <b>272</b>     | <b>2878</b>     |
| Saturday Beginners         | 100 | 340   | Depression and the Alcoholic | 0   | 75  |                                |                |                 |
| Singleness of Purpose      | 0   | 175   | Double Digit Gang            | 0   | 120 |                                |                |                 |
| Sober Fri Night            | 0   | 200   | Downtown Delray Group        | 0   | 100 |                                |                |                 |
| Sober Sunset Group         | 0   | 200   | East Delray Men's Group      | 0   | 110 |                                |                |                 |
| Sobriety For Breakfast     | 0   | 72    | Living Sober Women           | 0   | 197 |                                |                |                 |
| Spiritual Saturday         | 0   | 0     | Midday Miracles              | 0   | 800 |                                |                |                 |
| Steps & Tradition          | 0   | 0     | One Day At A Time            | 0   | 600 |                                |                |                 |

**ATTENTION ALL GROUPS – Please check your group contributions and if you have any questions please call or email Intergroup. Phone 276-4581 or email [southcountyaa@bellsouth.net](mailto:southcountyaa@bellsouth.net)**